



Pittsford Triathlon  
300yd Swim 1.5mile Bike 3.1mile Run 06/04/04

Place	Time	Name	Bib	City	ST	Sex	Age	Overall			Swim:			T1:			T2:			Bike:			mph:			Run:			per mile			
								Sex	Grp	Time	All	Sex	Grp	Time	All	Sex	Grp	Time	All	Sex	Grp	Time	All	Sex	Grp	Time	All	Sex		Grp	Time	All
1	1:09:58	EGGERS, MARY	29	HENRIETTA	NY	F	30	1	1	1	0:05:03	6	2	1	0:26:35	0:00:40	2	1	1	0:40:20	2	1	1	22.5	0:00:38	12	6	2	0:23:17	8	2	0:07:31
2	1:11:09	DUTTON, TOM	28	LIVONIA	NY	M	58	1	1	1	0:05:22	9	2	2	0:28:15	0:00:57	8	5	2	0:40:13	1	1	1	22.5	0:00:22	1	1	1	0:24:15	12	2	0:07:49
3	1:13:11	DUNN, MICHAEL	46	PITTSFORD	NY	M	47	10	4	10	0:05:47	14	10	4	0:30:26	0:01:14	19	13	5	0:44:36	3	2	1	22.5	0:00:49	29	19	5	0:24:45	21	2	0:07:59
4	1:14:57	ROCHE, JAMES	49	FAIRPORT	NY	M	43	3	3	3	0:05:37	12	9	3	0:29:34	0:01:47	45	30	10	0:44:26	4	3	2	20.5	0:00:58	40	25	8	0:22:09	2	1	0:07:09
5	1:15:27	BENOTTI, MARK	35	PITTSFORD	NY	M	41	4	1	4	0:06:34	35	25	8	0:34:34	0:01:17	21	15	6	0:43:42	4	3	2	20.9	0:00:51	31	20	6	0:23:03	5	2	0:07:26
6	1:15:42	MORELAND, MICHAEL	41	BLOOMFIELD	NY	M	40	5	2	5	0:04:36	2	1	1	0:24:13	0:01:13	16	11	3	0:43:47	6	5	4	20.5	0:00:59	43	26	9	0:24:17	13	4	0:07:50
7	1:17:07	MANCUSO, CHRISTOPHER	98	SCOTIA	NY	M	22	1	1	1	0:08:27	28	19	2	0:33:57	0:01:49	48	33	5	0:45:31	9	8	1	20.0	0:00:33	6	3	2	0:22:47	4	4	0:07:21
8	1:19:10	Grimm, Carl	119	ROCHESTER	NY	M	65	7	1	7	0:06:38	27	18	1	0:34:55	0:01:41	40	26	1	0:45:00	8	7	1	20.0	0:01:08	56	34	1	0:24:43	20	17	0:07:58
9	1:20:00	KVAMI, DAVID	93	ROCHESTER	NY	M	22	8	2	8	0:06:28	27	18	1	0:33:52	0:01:57	54	38	6	0:47:52	17	16	2	19.1	0:01:10	66	39	10	0:22:31	3	1	0:07:16
10	1:20:40	SCHNEIDER, MICHAEL	50	ROCHESTER	NY	M	53	9	1	9	0:04:57	4	4	1	0:26:03	0:00:51	6	4	1	0:46:05	12	11	3	19.6	0:00:54	35	23	2	0:27:53	3	3	0:09:00
11	1:21:10	BIGGS, JASON	8	PITTSFORD	NY	M	32	10	1	10	0:05:51	15	11	2	0:30:47	0:01:12	15	10	2	0:48:31	19	18	3	18.8	0:00:41	18	10	2	0:24:55	22	20	0:08:02
12	1:21:18	TOCHA, KENNETH	65	CHEEKTOWAGA	NY	M	56	11	2	11	0:07:02	49	33	5	0:37:01	0:01:03	9	6	3	0:45:47	11	10	2	20.0	0:01:08	57	35	5	0:26:18	30	25	0:08:29
13	1:21:20	TOCHA, KENNETH	45	HONEOYE FALLS	NY	M	42	12	3	12	0:05:33	11	8	2	0:29:13	0:02:05	61	42	13	0:46:15	14	13	8	19.6	0:01:18	71	42	14	0:26:09	28	24	0:08:26
14	1:21:40	DALEY, SCOTT	20	ROCHESTER	NY	M	45	14	4	14	0:06:24	26	17	3	0:33:41	0:01:14	17	12	4	0:46:33	16	15	9	19.6	0:01:06	53	30	11	0:26:24	31	26	0:08:31
15	1:21:40	MAURO, DOUGLAS	15	PITTSFORD	NY	M	31	15	5	15	0:08:02	20	15	7	0:31:45	0:01:14	18	14	3	0:46:23	15	14	1	19.6	0:01:19	76	46	10	0:26:42	32	27	0:08:37
16	1:21:43	MARCELLUS, ROBERT	99	BLOOMFIELD	NY	M	45	13	2	13	0:08:59	18	12	5	0:31:29	0:01:46	43	29	9	0:46:36	10	9	6	20.0	0:00:46	27	17	3	0:27:36	41	31	0:08:54
17	1:22:33	HAYDEN, KATHLEEN	76	ROCHESTER	NY	F	38	2	2	2	0:06:27	29	10	3	0:33:57	0:01:17	22	7	2	0:50:19	29	3	2	18.0	0:01:20	78	32	10	0:23:10	6	1	0:07:28
18	1:22:41	KACPRZYNSKI, GREG	85	EAST ROCHESTER	NY	M	30	16	3	16	0:07:02	50	32	10	0:37:01	0:01:22	24	17	5	0:48:18	18	17	2	18.8	0:01:16	70	41	6	0:24:43	19	18	0:07:58
19	1:23:35	FOGAL, TIM	34	PITTSFORD	NY	M	48	17	6	17	0:08:03	93	55	15	0:47:38	0:01:29	28	18	7	0:44:44	7	6	5	20.5	0:01:20	79	47	15	0:26:59	37	30	0:08:42
20	1:23:35	DEHL, JOSHUA	24	ROCHESTER	NY	M	26	18	3	18	0:08:10	81	49	10	0:42:59	0:01:30	29	20	1	0:49:01	21	20	4	18.4	0:00:31	3	2	1	0:24:23	15	13	0:07:52
21	1:24:13	KENNEDY, GRIFFIN	22	LIMA	NY	M	17	20	1	20	0:07:18	66	41	11	0:38:25	0:01:09	13	9	3	0:51:05	40	35	2	17.6	0:00:58	41	16	5	0:26:16	29	5	0:08:28
22	1:24:13	KENNEDY, DAVID	89	FAIRPORT	NY	M	49	21	7	21	0:07:20	68	41	11	0:38:26	0:01:55	52	36	12	0:46:11	13	12	7	19.6	0:01:09	58	36	13	0:27:38	42	32	0:08:55
23	1:24:15	DEGMA, MATT	24	ROCHESTER	NY	M	22	23	8	23	0:06:01	19	13	6	0:31:40	0:02:34	79	51	16	0:50:42	33	30	13	18.0	0:00:48	38	18	4	0:24:10	11	9	0:07:48
24	1:24:16	SUMNER, PETER	62	MARCY	NY	M	22	24	4	24	0:08:31	42	29	7	0:34:18	0:01:31	32	21	3	0:51:54	46	37	6	17.6	0:00:53	33	22	7	0:23:27	9	7	0:07:34
25	1:25:35	RAE, MICHAEL	46	ROCHESTER	NY	M	34	24	5	24	0:06:47	42	29	7	0:35:42	0:01:48	47	32	7	0:50:46	45	31	6	18.0	0:00:56	96	57	13	0:24:18	14	12	0:07:50
26	1:25:41	STOUT, KATIE	17	ROCHESTER	NY	F	28	3	3	3	0:05:38	13	4	3	0:29:39	0:01:23	26	9	2	0:50:44	34	4	1	18.0	0:00:45	26	10	4	0:25:37	24	21	0:08:46
27	1:26:17	NUNN, JIM	28	PITTSFORD	NY	M	47	25	9	25	0:09:01	92	54	14	0:47:27	0:00:45	3	2	1	0:50:19	30	27	12	18.0	0:00:35	8	4	1	0:26:17	38	4	0:08:46
28	1:26:55	GARDNER, JEFFREY	30	PITTSFORD	NY	M	34	26	6	26	0:07:12	67	21	11	0:37:54	0:01:18	23	16	4	0:50:49	46	32	7	18.0	0:00:42	40	12	3	0:26:47	39	30	0:08:38
29	1:26:55	GARDNER, JANA	108	MENDON	NY	F	42	4	1	4	0:07:08	57	21	10	0:36:20	0:01:23	25	10	4	0:51:10	42	7	1	17.6	0:00:58	41	16	5	0:26:16	29	5	0:08:28
30	1:26:55	HAMBERGER, CHRISTOPHER	75	ROCHESTER	NY	M	29	27	5	27	0:07:02	51	34	6	0:37:01	0:01:39	38	24	4	0:49:30	45	24	5	18.4	0:00:42	19	11	5	0:28:33	51	35	0:09:13
31	1:28:01	CRAWSHAW, SCOTT	32	PITTSFORD	NY	M	21	28	2	28	0:06:44	39	27	6	0:35:26	0:02:13	65	44	7	0:52:19	49	40	7	17.3	0:00:44	23	15	6	0:26:01	27	23	0:08:24
32	1:28:04	KOENIG, WILLIAM	92	PITTSFORD	NY	M	43	29	10	29	0:07:07	56	36	10	0:37:27	0:02:36	80	52	17	0:52:16	47	38	15	17.3	0:01:25	85	50	16	0:24:40	17	15	0:07:57
33	1:28:26	JOSE, ALEXANDRA	35	PITTSFORD	NY	F	20	5	1	5	0:07:18	67	27	10	0:36:25	0:01:23	27	8	1	0:51:01	38	5	2	17.6	0:01:13	64	25	9	0:27:31	40	10	0:08:53
34	1:28:31	PEYSER, BRUCE	36	PITTSFORD	NY	M	47	30	11	30	0:06:50	45	30	9	0:36:58	0:02:17	71	47	14	0:49:16	24	23	11	18.4	0:01:06	52	31	12	0:29:02	54	38	0:09:22
35	1:29:08	METZLER, PAUL	127	ROCHESTER	NY	M	18	31	2	31	0:09:05	94	56	6	0:47:48	0:02:27	72	48	6	0:50:28	32	29	1	18.0	0:00:32	106	62	6	0:24:36	16	14	0:07:56
36	1:29:16	SENNETT, KATLYN	54	ROCHESTER	NY	F	18	6	1	6	0:05:54	17	6	2	0:31:03	0:02:15	67	22	4	0:52:33	50	10	3	17.3	0:00:32	5	3	1	0:28:02	46	12	0:09:03
37	1:29:54	KATZ, DAN	86	FAIRPORT	NY	M	32	3	3	3	0:06:28	34	24	3	0:34:34	0:02:00	57	39	7	0:51:16	43	36	7	17.6	0:00:36	9	5	3	0:28:57	53	37	0:09:20
38	1:29:55	FEROLETO, JOHN	39	BUFFALO	NY	M	23	33	3	33	0:06:28	30	20	3	0:34:02	0:02:22	100	60	11	0:54:47	58	46	9	16.7	0:00:36	9	5	3	0:24:42	18	6	0:08:58
39	1:30:06	WU, JOANNE	116	ROCHESTER	NY	F	23	7	2	7	0:06:55	46	16	8	0:38:24	0:02:47	85	31	8	0:51:05	41	6	3	17.6	0:01:28	88	36	10	0:27:51	43	11	0:08:59
40	1:30:06	DESPARD, EDWARD	41	PITTSFORD	NY	M	20	34	8	34	0:07:21	69	42	8	0:38:41	0:01:30	30	19	2	0:48:59	20	19	3	18.8	0:01:03	48	28	8	0:31:13	70	50	0:10:04
41	1:30:33	MANCHESTER, RALPH	42	ROCHESTER	NY	M	50	35	4	35	0:08:23	85	51	6	0:44:07	0:01:36	35	23	4	0:49:10	22	21	4	18.4	0:01:06	51	32	3	0:30:18	65	48	0:09:46
42	1:30:33	WOLFE, HEATHER	68	HONEOYE FALLS	NY	F	18	8	2	8	0:05:53	16	5	1	0:30:58	0:01:58	55	17	3	0:51:40	45	9	2	17.6	0:01:22	81	35	5	0:29:40	58	18	0:09:34
43	1:30:55	CRAWSHAW, RICH	15	PITTSFORD	NY	M	52	36	5	36	0:08:57	47	31	4	0:36:35	0:01:56	53	37	6	0:51:03	39	34	6	17.6	0:01:34	91	54	8	0:29:25	56	39	0:09:29
44	1:31:06	HOWES, SCOTT	45	ROCHESTER	NY	M	24	37	9	37	0:08:15	84																				



Pittsford Triathlon  
300yd Swim 1.5mile Bike 3.1mile Run 06/04/04

Teams	Place	Time	Name	Bib City	ST	SexAge	Overall		Swim:		T1		Bike		T2		Run		per mile													
							All	Sex	Time	Grp	Time	Grp	Time	Grp	Time	Grp	Time	Grp		Time	Grp	Time	Grp	Time	Grp	Time	Grp					
	68	1:38:15	MONTIONE, JOEL	103	PITTSFORD	NY	M48	50	13	0:14:02	112	65	18	1:13:52	0:01:40	39	25	8	0:49:12	23	22	10	18.4	0:03:28	112	65	19	0:28:53	60	42	14	0:09:38
	69	1:38:37	MILLER, AMY	102	PITTSFORD	NY	F37	19	4	0:08:47	43	15	6	0:35:42	0:03:41	104	44	13	0:58:48	79	24	6	15.5	0:01:13	63	26	7	0:28:08	48	14	5	0:09:05
	70	1:38:50	MARCHAND, JACKIE	40	FAIRPORT	NY	F42	20	14	0:07:51	77	36	8	0:46:37	0:00:52	7	3	11	0:55:27	64	16	2	16.4	0:00:24	2	1	1	0:33:27	82	29	1	0:10:47
	71	1:38:50	McJURY, THOMAS	101	FAIRPORT	NY	M41	51	14	0:08:40	88	46	13	0:45:19	0:01:48	46	31	11	0:53:31	54	43	16	17.0	0:01:05	50	29	10	0:34:35	89	55	16	0:11:09
	72	1:39:28	CHARTRAND, KEVIN	11	ROCHESTER	NY	M36	52	15	0:06:29	31	21	5	0:34:07	0:02:49	88	56	13	0:57:34	101	60	15	14.8	0:01:10	59	23	5	0:20:18	64	45	11	0:08:48
	73	1:39:49	SONDAG-BRAUN, LAURA	120	ROCHESTER	NY	F33	21	5	0:06:17	23	8	2	0:33:04	0:02:39	82	30	4	1:02:25	88	32	7	15.5	0:02:02	99	41	2	0:27:18	39	9	4	0:09:46
	113	1:39:52	GUILLET, REBECCA	113	ROCHESTER	NY	F20	22	8	0:05:32	10	63	8	0:29:07	0:03:09	88	40	12	0:54:53	60	14	6	16.7	0:02:10	100	59	7	0:35:15	92	35	12	0:11:22
	74	1:40:30	SWANK, KEITH	63	FAIRPORT	NY	M53	53	3	0:08:57	90	53	8	0:47:06	0:02:42	64	21	7	1:02:05	87	31	9	14.5	0:01:14	65	27	7	0:28:10	49	15	3	0:09:05
	76	1:40:44	SOMERVILLE, PATTY	57	FAIRPORT	NY	F44	23	3	0:07:03	54	18	4	0:37:06	0:02:58	92	35	10	0:58:12	75	20	8	15.5	0:00:44	34	9	3	0:32:17	76	25	4	0:10:25
	77	1:40:47	CROWE, JAIME	24	MANCHESTER	NY	F25	24	4	0:08:36	36	11	4	0:34:44	0:02:58	92	35	10	0:58:12	75	20	8	15.5	0:00:44	34	9	3	0:32:17	76	25	4	0:10:25
	78	1:40:54	KROING, LAURA	91	PITTSFORD	NY	F42	25	4	0:07:11	61	25	4	0:37:44	0:02:05	62	26	6	0:59:39	82	27	6	15.3	0:00:52	32	12	2	0:31:07	68	20	4	0:10:02
	79	1:41:15	WOOD, KENNETH	69	ROCHESTER	NY	M31	54	13	0:08:09	80	48	14	0:42:54	0:02:46	84	54	11	0:58:06	73	55	12	15.5	0:01:19	74	45	8	0:30:55	67	48	12	0:09:58
	80	1:42:15	ALLEN, SUSAN	81	LYONS	NY	F47	26	5	0:07:09	58	22	3	0:37:38	0:02:54	89	33	9	0:57:18	68	18	3	15.8	0:01:16	67	28	8	0:33:38	83	30	7	0:10:51
	81	1:43:32	GARRY, HOLLY	73	PITTSFORD	NY	F43	27	6	0:08:26	86	35	7	0:44:23	0:01:08	12	4	2	0:58:41	78	23	4	15.5	0:01:03	49	21	6	0:34:14	86	32	8	0:11:03
	82	1:44:00	MCABE, LYDIA	126	PITTSFORD	NY	F51	28	1	0:08:04	78	32	1	0:42:27	0:02:55	90	34	3	0:58:07	74	19	1	15.5	0:02:02	99	41	2	0:32:52	80	28	1	0:10:36
	83	1:44:35	COLE, BELINDA	13	ROCHESTER	NY	F29	29	10	0:08:44	40	13	5	0:35:26	0:02:33	76	27	6	1:01:35	85	29	11	14.8	0:01:39	94	39	12	0:32:04	73	23	9	0:10:21
	84	1:44:38	OWITT, CATHERINE	115	PITTSFORD	NY	F48	30	7	0:08:15	83	34	6	0:43:25	0:01:59	56	18	5	0:59:03	81	26	5	15.3	0:00:55	37	13	3	0:34:26	87	33	9	0:11:06
	85	1:44:49	SHEALY, JASPER	121	ROCHESTER	NY	M64	55	2	0:07:39	74	45	2	0:40:16	0:03:00	94	58	2	0:56:09	65	49	2	16.1	0:01:23	83	48	2	0:36:38	96	58	2	0:11:49
	86	1:45:02	COX, ELIZABETH	80	ROCHESTER	NY	F40	31	8	0:08:12	82	33	5	0:43:09	0:02:33	77	28	8	1:00:42	83	28	7	15.0	0:00:56	38	14	4	0:32:42	79	27	5	0:10:32
	87	1:46:20	ATKINS, OLIVIA	79	CANANDAQUA	NY	F24	32	11	0:07:51	76	31	12	0:41:19	0:01:47	44	15	5	1:02:59	91	34	12	14.5	0:01:01	45	19	6	0:37:42	99	60	11	0:12:10
	88	1:49:01	BREWSTER, STEPHEN	18	WEST HENRIETTA	NY	M32	56	14	0:08:47	44	28	8	0:35:42	0:01:51	49	34	8	1:10:21	102	62	14	12.9	0:01:10	60	37	5	0:28:52	52	36	8	0:09:19
	89	1:51:26	LINSCOTT, ROSE	95	PITTSFORD	NY	F53	33	2	0:09:58	101	42	3	0:52:27	0:02:16	69	23	1	1:02:35	89	33	2	14.5	0:00:59	42	17	1	0:35:38	93	36	2	0:11:30
	90	1:52:18	STEPHENSON, BEV	61	SCOTTSDALE	NY	F43	34	9	0:13:34	110	47	10	1:11:24	0:01:16	20	6	3	1:06:17	95	36	10	13.6	0:03:07	110	47	10	0:28:04	47	13	2	0:09:03
	91	1:52:40	MARLEY, KAREN	100	ROCHESTER	NY	F35	35	6	0:08:42	38	12	4	0:35:16	0:04:12	110	46	15	1:06:39	96	37	9	13.6	0:01:22	82	34	11	0:33:45	84	31	9	0:10:53
	92	1:52:55	MYLES, RICHARD	39	PITTSFORD	NY	M42	57	15	0:07:37	72	44	12	0:40:05	0:02:30	75	49	15	1:04:44	94	59	18	14.1	0:00:53	34	21	7	0:37:11	98	59	17	0:12:00
	93	1:53:25	FILJACI, NANCY	33	PITTSFORD	NY	F42	36	10	0:09:01	91	38	9	0:47:27	0:03:08	97	39	10	1:01:52	86	30	8	14.8	0:02:58	108	45	9	0:36:26	94	37	10	0:11:45
	94	1:53:26	BLUM, MARK	110	PITTSFORD	NY	M52	58	9	0:13:50	111	64	11	1:12:48	0:01:42	41	27	5	1:04:09	93	58	11	14.1	0:04:08	113	66	11	0:29:37	57	40	6	0:09:33
	95	1:54:37	GILROY, JOE	74	WEBSTER	NY	M55	59	10	0:08:34	87	52	7	0:45:05	0:04:24	111	65	11	1:02:39	90	57	10	14.5	0:01:18	73	43	6	0:37:42	99	60	11	0:12:10
	96	1:55:55	SHEPARD, DAVID	55	PITTSFORD	NY	M62	60	3	0:09:58	100	59	3	0:52:27	0:04:54	113	67	3	0:57:52	71	53	3	15.8	0:01:37	93	55	3	0:41:34	104	64	3	0:13:25
	97	1:56:17	VANDEBERG, LYNELLE	67	PITTSFORD	NY	F37	37	7	0:07:01	48	17	7	0:36:56	0:01:30	31	11	3	1:10:19	101	39	12	12.9	0:00:35	7	4	1	0:36:52	97	39	10	0:11:54
	98	1:58:08	MANNION, KATHERINE	114	ROCHESTER	NY	F34	38	8	0:07:03	53	19	8	0:37:06	0:03:08	96	38	10	1:03:50	92	35	8	14.3	0:01:00	44	18	4	0:44:07	106	42	12	0:14:14
	99	1:59:24	BUTLER, JASON	123	TROY	NY	M22	61	11	0:08:09	79	47	9	0:42:54	0:02:55	91	57	10	1:15:24	104	63	11	12.5	0:01:12	61	24	6	0:34:47	90	56	11	0:11:13
	100	1:59:38	LONG, JENNIFER	96	ROCHESTER	NY	F32	39	9	0:07:22	70	28	10	0:38:46	0:03:29	101	41	11	1:15:24	104	63	11	12.0	0:01:12	61	24	6	0:32:11	75	24	8	0:10:23
	101	2:02:38	DEZEN, ASHLEY	122	PENFIELD	NY	F18	40	5	0:11:22	105	44	5	0:59:49	0:02:28	74	26	5	1:11:13	103	41	5	12.7	0:00:49	30	11	3	0:36:36	95	38	5	0:11:48
	102	2:02:46	GARNISH, JOHN	71	FAIRPORT	NY	M49	62	16	0:18:48	113	66	19	1:28:25	0:03:46	105	61	18	1:10:02	84	56	17	14.8	0:03:18	111	64	18	0:37:52	101	62	18	0:12:13
	103	2:04:06	MIRSKY, JANET	40	PITTSFORD	NY	F37	41	10	0:11:34	107	45	15	1:00:53	0:01:33	33	12	4	1:10:19	100	40	11	12.9	0:01:22	80	33	12	0:39:18	102	40	11	0:12:41
	104	2:12:29	MYLES, JENNIFER	38	PITTSFORD	NY	F38	42	11	0:09:29	97	39	13	0:49:55	0:03:02	95	37	9	1:14:11	105	42	13	12.2	0:00:39	15	8	3	0:45:08	107	43	13	0:14:34
	105	2:12:43	SCUDDER, KELLY	53	ROCHESTER	NY	F38	43	12	0:09:57	99	41	14	0:52:22	0:03:56	107	45	14	1:09:27	99	38	10	13.0	0:01:19	77	31	9	0:48:04	111	45	15	0:15:30
	106	2:13:14	SCUDDER, BRIAN	52	ROCHESTER																											