



09/18/04 Pretzel Twist
5mile Run/5K Walk

5 Mile Run

Place	Time	Bib Name	City	State	AgeGroup	PlaceSex	PlaceGroup	Pace
1	0:27:00	124 AMWAY, MARK	LANCASTER	PA	M40-44	1/ 118	/ 23	0:05:24
2	0:27:20	42 SOULLIARD, CORY	NOTTINGHAM	PA	M20-24	2/ 118	1/ 4	0:05:28
3	0:27:31	164 BROWN, STEVE	LANCASTER	PA	M20-24	3/ 118	2/ 4	0:05:30
4	0:27:59	173 SHEBEST, STUART	SHOEMAKERVILLE	PA	M30-34	4/ 118	1/ 15	0:05:36
5	0:28:03	176 BARBOZZ, PAUL	MT JOY	PA	M35-39	5/ 118	1/ 14	0:05:37
6	0:28:05	170 KREBS, JUSTIN	YORK	PA	M30-34	6/ 118	2/ 15	0:05:37
7	0:28:34	18 WAGNER, DON	LITITZ	PA	M35-39	7/ 118	2/ 14	0:05:43
8	0:28:34	132 SANDT, EVAN	LANCASTER	PA	M30-34	8/ 118	3/ 15	0:05:43
9	0:28:50	193 WEAVER, DARYL	LITITZ	PA	M30-34	9/ 118	4/ 15	0:05:46
10	0:29:06	142 PYLES, AMY	HUMMELSTOWN	PA	F30-34	1/ 82	/ 13	0:05:49
11	0:29:38	141 RECCEK, KRISTIE	WYOMISSING	PA	F25-29	2/ 82	1/ 13	0:05:56
12	0:29:56	166 BROWN, CHRISTOPHER	LANCASTER	PA	M20-24	10/ 118	3/ 4	0:05:59
13	0:30:06	59 BUCKWALTER, CONNIE	LITITZ	PA	F30-34	3/ 82	1/ 13	0:06:01
14	0:30:12	4 BUCKWALTER, MARC	LITITZ	PA	M30-34	11/ 118	5/ 15	0:06:02
15	0:30:13	114 RENNINGER, DUANE	READING	PA	M35-39	12/ 118	3/ 14	0:06:03
16	0:30:56	7 ARNDT, DOUG	STRASBURG	PA	M45-49	13/ 118	1/ 18	0:06:11
17	0:31:38	183 WIMK, BRIAN	LITITZ	PA	M15-19	14/ 118	1/ 8	0:06:20
18	0:31:58	181 STARIPER, JILL	DILLSBURG	PA	F30-34	4/ 82	2/ 13	0:06:24
19	0:32:02	172 ZEM, JOE	MANHEIM	PA	M50-54	15/ 118	1/ 7	0:06:24
20	0:32:29	174 HOMAN, JAMES	MANHEIM	PA	M15-19	16/ 118	2/ 8	0:06:30
21	0:32:45	190 LOPEZ, SCOTT	LITITZ	PA	M0-14	17/ 118	1/ 7	0:06:33
22	0:32:55	177 OLES, MARK	LANCASTER	PA	M25-29	18/ 118	1/ 7	0:06:35
23	0:33:07	180 MULLICAN, LINDSAY	LANCASTER	PA	F0-14	5/ 82	1/ 4	0:06:37
24	0:33:24	13 GROFF, JONATHAN	RONKS	PA	M15-19	19/ 118	3/ 8	0:06:41
25	0:33:26	144 ANDRUS, DEENA	READING	PA	F35-39	6/ 82	1/ 6	0:06:41
26	0:33:38	81 JACKSON, ANN	LANCASTER	PA	F35-39	7/ 82	2/ 6	0:06:44
27	0:33:45	2 SPANGLER, CARL RAY	LITITZ	PA	M45-49	20/ 118	2/ 18	0:06:45
28	0:33:52	178 LUFT, JULIE	AUSTIN	TX	F40-44	8/ 82	1/ 13	0:06:46
29	0:33:57	162 SAUDT, KAREN	LANCASTER	PA	F25-29	9/ 82	2/ 13	0:06:47
30	0:34:11	156 MOTWAY, JENNY	RED LION	PA	F25-29	10/ 82	3/ 13	0:06:50
31	0:34:19	24 PAPARO, JERRY	LANCASTER	PA	M45-49	21/ 118	3/ 18	0:06:52
32	0:34:24	99 CONVILLE, J	LEBANON	PA	M25-29	22/ 118	2/ 7	0:06:53
33	0:35:11	40 DEERY, JASON	LITITZ	PA	M30-34	23/ 118	6/ 15	0:07:02
34	0:35:21	48 GEIST, WARREN	LITITZ	PA	M45-49	24/ 118	4/ 18	0:07:04
35	0:35:24	32 MCKANE, BRANDON	LITITZ	PA	M15-19	25/ 118	4/ 8	0:07:05
36	0:35:25	179 JOHNS, KENNETH	TUCSON	AZ	M45-49	26/ 118	5/ 18	0:07:05
37	0:35:26	163 HALEY, RICHARD	READING	PA	M40-44	27/ 118	1/ 23	0:07:05
38	0:35:28	9 YODER, CALVIN	LITITZ	PA	M40-44	28/ 118	2/ 23	0:07:06
39	0:35:32	182 O'HEREN, KEVIN	YORK	PA	M35-39	29/ 118	4/ 14	0:07:06
40	0:35:34	100 LOOKINGBILL, DON	YORK	PA	M40-44	30/ 118	3/ 23	0:07:07
41	0:35:37	44 WERNER, GEORGE	LANCASTER	PA	M50-54	31/ 118	2/ 7	0:07:07
42	0:35:45	52 KITZMILLER, FRANK	LANCASTER	PA	M60-64	32/ 118	1/ 5	0:07:09
43	0:35:46	5 NAGLE, SCOTT	MT. JOY	PA	M30-34	33/ 118	7/ 15	0:07:09
44	0:35:48	147 SPROLES, KYLE	LITITZ	PA	M0-14	34/ 118	2/ 7	0:07:10
45	0:35:50	121 ANDRUS, TED	READING	PA	M40-44	35/ 118	4/ 23	0:07:10
46	0:35:53	35 DETTER, MITCHELL	LITITZ	PA	M40-44	36/ 118	5/ 23	0:07:11
47	0:36:08	167 DISSINGER, STEVE	EAST EARL	PA	M40-44	37/ 118	6/ 23	0:07:14
48	0:36:10	33 ECHTERNACK, GUY	EPHRATA	PA	M45-49	38/ 118	6/ 18	0:07:14
49	0:36:23	127 SKILES, CHRIS	STRASBURG	PA	M40-44	39/ 118	7/ 23	0:07:17
50	0:36:26	107 SIMS, JOEL	LANCASTER	PA	M40-44	40/ 118	8/ 23	0:07:17
51	0:36:32	86 DEERY, MICHELLE	LITITZ	PA	F30-34	11/ 82	3/ 13	0:07:18
52	0:36:33	102 ROSS, BEN	LITITZ	PA	M0-14	41/ 118	3/ 7	0:07:19
53	0:36:40	85 CAMERON, LISA	LITITZ	PA	F45-49	12/ 82	1/ 8	0:07:20
54	0:36:40	14 POLISKI, MARK	LITITZ	PA	M40-44	42/ 118	9/ 23	0:07:20
55	0:36:42	11 HESS, LARRY	LITITZ	PA	M60-64	43/ 118	2/ 5	0:07:20
56	0:36:46	31 BOLLINGER, NATE	LITITZ	PA	M0-14	44/ 118	4/ 7	0:07:21
57	0:36:47	6 MURRAY, ABRAM	LITITZ	PA	M15-19	45/ 118	5/ 8	0:07:21
58	0:36:48	108 SIMS, STEPHANIE	LANCASTER	PA	F40-44	13/ 82	2/ 13	0:07:22
59	0:36:52	192 WHISKEYMAN, SCOT	LITITZ	PA	M15-19	46/ 118	6/ 8	0:07:22
60	0:37:30	46 WRAY, SID	MOUNTVILLE	PA	M65-69	47/ 118	1/ 1	0:07:30
61	0:37:47	133 BENNER, KEVIN	STRASBURG	PA	M40-44	48/ 118	10/ 23	0:07:33
62	0:37:58	28 SITLER, BILL	LITITZ	PA	M40-44	49/ 118	11/ 23	0:07:36
63	0:38:09	153 WEAVER, RENITA	EPHRATA	PA	F15-19	14/ 82	1/ 4	0:07:38
64	0:38:22	171 FINKEY, JOHN R	EPHRATA	PA	M25-29	50/ 118	3/ 7	0:07:40
65	0:38:53	20 GRAYBILL, DONAVON	LITITZ	PA	M45-49	51/ 118	7/ 18	0:07:47
66	0:38:59	115 ERB, STEVE	GAP	PA	M45-49	52/ 118	8/ 18	0:07:48
67	0:39:30	98 WEAVER, SAHLUR	SICKERVILLE	NJ	M40-44	53/ 118	12/ 23	0:07:54
68	0:39:36	128 SCHOTT, DAVID	MILLERSVILLE	PA	M20-24	54/ 118	4/ 4	0:07:55



09/18/04 Pretzel Twist
5mile Run/5K Walk

69	0:39:38	118	CARPER, JAMES	LITITZ	PA	M0-14	55/ 118	5/ 7	0:07:56
70	0:39:44	93	HART, NANCY	YORK	PA	F35-39	15/ 82	3/ 6	0:07:57
71	0:39:49	195	MURDUCK, PETER	LITITZ	PA	M50-54	56/ 118	3/ 7	0:07:58
72	0:39:50	186	MAYBERRY, SARA	LANCASTER	PA	F20-24	16/ 82	1/ 9	0:07:58
73	0:39:51	157	WEAVER, KRISTEN	LITITZ	PA	F25-29	17/ 82	4/ 13	0:07:58
74	0:40:01	16	STRICKLER, DUSTIN	LITITZ	PA	M30-34	57/ 118	8/ 15	0:08:00
75	0:40:04	169	SALDIBAR, JENNIFER	LITITZ	PA	F25-29	18/ 82	5/ 13	0:08:01
76	0:40:19	138	SANDERS, KATHY	MANHEIM	PA	F40-44	19/ 82	3/ 13	0:08:04
77	0:40:21	101	ROSS, PAUL	LITITZ	PA	M40-44	58/ 118	13/ 23	0:08:04
78	0:40:28	45	SHUMAN, DAVID	LITITZ	PA	M45-49	59/ 118	9/ 18	0:08:06
79	0:40:29	188	LOPEZ, VINCENT	LITITZ	PA	M35-39	60/ 118	5/ 14	0:08:06
80	0:40:36	187	FREEMAN, CYNDI	LANCASTER	PA	F30-34	20/ 82	4/ 13	0:08:07
81	0:40:37	53	GARNER, JEFFREY	LITITZ	PA	M35-39	61/ 118	6/ 14	0:08:07
82	0:40:52	15	RYBICKI, BILL	LANCASTER	PA	M55-59	62/ 118	1/ 7	0:08:10
83	0:40:52	78	RIEFENSTAHL, SALLY	LANCASTER	PA	F40-44	21/ 82	4/ 13	0:08:10
84	0:41:07	112	WEAVER, KEVIN	LITITZ	PA	M35-39	63/ 118	7/ 14	0:08:13
85	0:41:13	148	GRIFFIN, JONATHAN	MT JOY	PA	M15-19	64/ 118	7/ 8	0:08:15
86	0:41:14	47	ECHTERNACH, LANCE	LANCASTER	PA	M40-44	65/ 118	14/ 23	0:08:15
87	0:41:17	145	HEINO, ELINA	ST DAVIDS	PA	F20-24	22/ 82	2/ 9	0:08:15
88	0:41:37	103	RICHARDS, SUNSHINE	LITITZ	PA	F30-34	23/ 82	5/ 13	0:08:19
89	0:41:42	55	ZECHMAN, SCOTT	PALMYRA	PA	M35-39	66/ 118	8/ 14	0:08:20
90	0:41:43	159	BOURNE, SARAH	LITITZ	PA	F0-14	24/ 82	2/ 4	0:08:21
91	0:41:44	194	RAISER, MARCY	LITITZ	PA	F15-19	25/ 82	2/ 4	0:08:21
92	0:41:47	126	ROTHFUS, DOUG	LITITZ	PA	M45-49	67/ 118	10/ 18	0:08:21
93	0:41:52	103	RICHARDS, SUNSHINE	LITITZ	PA	F30-34	26/ 82	6/ 13	0:08:22
94	0:41:57	119	ECHTERNACH, KENT	LITITZ	PA	M35-39	68/ 118	9/ 14	0:08:23
95	0:41:59	143	ECHTERNACH, BETSY	LITITZ	PA	F35-39	27/ 82	4/ 6	0:08:24
96	0:42:08	90	RICHARDS, RAMONA	LITITZ	PA	F50-54	28/ 82	1/ 5	0:08:26
97	0:42:08	198	MCKENNA, LUCY	LITITZ	PA	F30-34	29/ 82	7/ 13	0:08:26
98	0:42:19	131	CLAIR, TROY	LITITZ	PA	M40-44	69/ 118	15/ 23	0:08:28
99	0:42:32	151	BURKETT, KRISTIE	LITITZ	PA	F30-34	30/ 82	8/ 13	0:08:30
100	0:42:36	185	MAYBERRY, JOSEPH	LANCASTER	PA	M55-59	70/ 118	2/ 7	0:08:31
101	0:42:37	196	BOMBERGER, DAVID	LITITZ	PA	M50-54	71/ 118	4/ 7	0:08:31
102	0:42:38	168	DISSINGER, GLENN	NEW HOLLAND	PA	M40-44	72/ 118	16/ 23	0:08:32
103	0:42:46	146	HALL, JENNIFER	MERCERSBURG	PA	F20-24	31/ 82	3/ 9	0:08:33
104	0:42:50	69	MOEBIUS, HEIDE	LANCASTER	PA	F65-69	32/ 82	1/ 1	0:08:34
105	0:42:54	54	RITTER, GREGORY	COLUMBIA	PA	M40-44	73/ 118	17/ 23	0:08:35
106	0:42:56	62	HESS, LAURIE	LITITZ	PA	F45-49	33/ 82	2/ 8	0:08:35
107	0:43:03	64	GROFF, JULIE	RONKS	PA	F45-49	34/ 82	3/ 8	0:08:37
108	0:43:20	19	STOVER, LYNN	LITITZ	PA	M45-49	74/ 118	11/ 18	0:08:40
109	0:43:23	111	SANDERS, DUANE	MANHEIM	PA	M45-49	75/ 118	12/ 18	0:08:41
110	0:43:35	106	MEDE, KAYE	LANCASTER	PA	F45-49	35/ 82	4/ 8	0:08:43
111	0:44:00	175	KIEHL, SUSAN	GETTYSBURG	PA	F55-59	36/ 82	1/ 4	0:08:48
112	0:44:04	68	CASTLEMAN, AMY	EAST PETERSBURG	PA	F25-29	37/ 82	6/ 13	0:08:49
113	0:44:05	129	SUAREZ, ALFONSO	LANCASTER	PA	M35-39	76/ 118	10/ 14	0:08:49
114	0:44:18	152	GUNDEL, MIMI	LANCASTER	PA	F45-49	38/ 82	5/ 8	0:08:52
115	0:44:19	39	EISSNER, KENNETH	LANCASTER	PA	M40-44	77/ 118	18/ 23	0:08:52
116	0:44:33	65	GREENER, PENNY	LANCASTER	PA	F35-39	39/ 82	5/ 6	0:08:55
117	0:44:34	12	GREENER, NEIL	LANCASTER	PA	M40-44	78/ 118	19/ 23	0:08:55
118	0:44:35	130	WEAVER, RONALD	EPHRATA	PA	M45-49	79/ 118	13/ 18	0:08:55
119	0:44:37	94	GRUBER, DIANE	LANDISVILLE	PA	F50-54	40/ 82	2/ 5	0:08:55
120	0:45:38	92	BURNETT, STACEY	COLUMBIA	PA	F25-29	41/ 82	7/ 13	0:09:08
121	0:45:42	3	HESS, KEN	LANCASTER	PA	M60-64	80/ 118	3/ 5	0:09:08
122	0:45:46	91	TOMLINSON, PAIGE	LANCASTER	PA	F30-34	42/ 82	9/ 13	0:09:09
123	0:45:54	36	WISSLER, PAUL	LITITZ	PA	M75-79	81/ 118	1/ 1	0:09:11
124	0:46:35	116	SHVE, FRANK	LANCASTER	PA	M35-39	82/ 118	11/ 14	0:09:19
125	0:46:47	27	LIPKOWSKI, RICHARD	LITITZ	PA	M55-59	83/ 118	3/ 7	0:09:21
126	0:47:10	160	WAGAMAN, SARAH	LITITZ	PA	F15-19	43/ 82	3/ 4	0:09:26
127	0:47:11	161	SAKAMOTO, STEPHEN	LITITZ	PA	M15-19	84/ 118	8/ 8	0:09:26
128	0:47:42	109	BEILER, GLEN	AKRON	PA	M45-49	85/ 118	14/ 18	0:09:32
129	0:47:53	89	MILLER, CAROLYN	EPHRATA	PA	F45-49	44/ 82	6/ 8	0:09:35
130	0:47:53	43	MILLER, RICH	EPHRATA	PA	M45-49	86/ 118	15/ 18	0:09:35
131	0:48:17	134	BEILER, COURTNEY	AKRON	PA	F15-19	45/ 82	4/ 4	0:09:39
132	0:48:44	139	BEEARS, KELLY	LITITZ	PA	F30-34	46/ 82	10/ 13	0:09:45
133	0:48:48	197	BOMBERGER, JAN	LITITZ	PA	F20-24	47/ 82	4/ 9	0:09:46
134	0:48:52	97	ERNST, TERRY	LANCASTER	PA	F55-59	48/ 82	2/ 4	0:09:46
135	0:49:01	105	ROSS, CAROL	LITITZ	PA	F40-44	49/ 82	5/ 13	0:09:48
136	0:49:10	189	BERRROWAL, DANIEL	BRISTOL	PA	M25-29	87/ 118	4/ 7	0:09:50
137	0:49:19	80	LUTZ, MEREDITH	LANCASTER	PA	F0-14	50/ 82	3/ 4	0:09:52
138	0:49:43	199	OVERLY, MARK	LITITZ	PA	M25-29	88/ 118	5/ 7	0:09:57



09/18/04 Pretzel Twist
5mile Run/5K Walk

139	0:49:48	191	MOORE, TOM	WEST LAWN	PA	M30-34	89/ 118	9/ 15	0:09:58
140	0:50:09	60	KUEHNER, TRACY	LITITZ	PA	F25-29	51/ 82	8/ 13	0:10:02
141	0:50:14	58	CAMERA, ANNA	LITITZ	PA	F50-54	52/ 82	3/ 5	0:10:03
142	0:50:18	82	ALAPICK, SHERRI	LANCASTER	PA	F35-39	53/ 82	6/ 6	0:10:04
143	0:50:18	63	HAGER, BECKY	LANCASTER	PA	F25-29	54/ 82	9/ 13	0:10:04
144	0:50:18	66	BALMER, BROOKE	EPHRATA	PA	F20-24	55/ 82	5/ 9	0:10:04
145	0:50:38	184	MAYBERRY, MARY	LANCASTER	PA	F55-59	56/ 82	3/ 4	0:10:08
146	0:50:43	165	LEE, VINCENT	LITITZ	PA	M30-34	90/ 118	10/ 15	0:10:09
147	0:50:51	122	WHITELEY, BRUCE	LITITZ	PA	M50-54	91/ 118	5/ 7	0:10:10
148	0:51:44	117	MCEVOY, KEVIN	LITITZ	PA	M30-34	92/ 118	11/ 15	0:10:21
149	0:54:25	95	MATEYAK, JODY	LITITZ	PA	F25-29	57/ 82	10/ 13	0:10:53
150	1:02:01	203	MURRAY, AARON	LITITZ	PA	M0-14	93/ 118	6/ 7	0:12:24
151	1:02:49	30	MAHONEY, HUGH	NEW HOLLAND	PA	M60-64	94/ 118	4/ 5	0:12:34
152	1:10:14	76	MAHONEY, SANDY	NEW HOLLAND	PA	F60-64	58/ 82	1/ 1	0:14:03
153	1:10:43	61	MURRAY, TRACY	LITITZ	PA	F40-44	59/ 82	6/ 13	0:14:09
154	1:19:10	8	MURRAY, MARK	LITITZ	PA	M45-49	95/ 118	16/ 18	0:15:50

5 Kilometer Walk

Place	Time	Bib Name	City	State	AgeGroup	PlaceSex	PlaceGroup	Pace
1	0:36:31	479 CLAWSER, CLAIR	CAMPBELLTOWN	PA	M55-59	1/ 4	/ 1	0:07:18
2	0:38:59	474 NOLT, JILL	LITITZ	PA	F35-39	1/ 20	/ 4	0:07:48
3	0:39:47	482 KUNKLE, ANGIE	LITITZ	PA	F25-29	2/ 20	1/ 1	0:07:57
4	0:39:48	483 Austin, BOBBI	LITITZ	PA	F30-34	3/ 20	1/ 3	0:07:58
5	0:40:14	467 HEFFLEFINGER, AMANDA	COLUMBIA	PA	F20-24	4/ 20	1/ 4	0:08:03
6	0:45:51	463 RITTER, BECKY	COLUMBIA	PA	F40-44	5/ 20	1/ 5	0:09:10