



THE COMPLETE RACE MANAGEMENT AND TIMING SOLUTION

Cayuga Lake Triathlon 08/07/05

Short Triathlon

Table with columns: Place, Time, Name, City, ST, Bib, Sex, Age, Place, Sex, Age, Swim Time, All, Place, Sex, Age, min/mile Pace, T1 Time, All, Place, Sex, Age, Bike Time, All, Place, Sex, Age, mile/hr Pace, T2 Time, All, Place, Sex, Age, Run Time, All, Place, Sex, Age, min/mile Pace, Penalties: Rule Mins.



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Cayuga Lake Triathlon 08/07/05

Table with columns for race number, time, name, state, and various timing data points (e.g., 83 1:33:45 AVIS, WALTER RED HOOK NY 503 M41 65 8 0:22:15 199 108 12 0:49:27 0:02:48 184 99 11 0:43:23 40 37 4 19.8 0:01:09 117 70 11 0:24:10 54 51 6 0:07:48)



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168	1:46:32	MELECA, MARYELLEN	VICTOR	NY	641	F43	66	10	0:19:24	136	57	9	0:43:07	0:02:16	134	59	11	0:50:44	141	44	9	17.0	0:01:24	161	68	10	0:32:44	216	90	12	0:10:34		
169	1:46:34	ALVAREZ-CALDERON, J	WASHINGTON	DC	502	M36	103	12	0:19:34	142	82	8	0:43:29	0:03:12	208	111	12	0:53:00	175	115	13	16.1	0:01:45	207	109	13	0:29:03	161	106	14	0:09:22		
170	1:46:59	SIEBRECHT, MELISSA	ITHACA	NY	707	F25	67	12	0:18:51	114	43	12	0:41:53	0:02:03	104	45	12	0:54:45	191	71	17	15.8	0:01:34	191	87	21	0:29:46	176	63	18	0:09:36		
171	1:47:15	SAGGESE, CAROLANN	ITHACA	NY	699	F42	68	11	0:17:28	84	31	3	0:38:49	0:02:14	129	56	10	0:55:01	195	74	12	15.5	0:01:10	120	48	6	0:31:22	199	78	10	0:10:07		
172	1:47:20	CLARKBERG, LARRY	ITHACA	NY	525	M41	104	14	0:25:23	218	116	15	0:56:24	0:03:05	203	109	13	0:49:12	124	89	11	17.4	0:01:25	166	96	13	0:28:15	144	97	16	0:09:07		
173	1:47:49	BAKER, MICHAEL	TPOSHAM	NY	782	M37	105	13	0:20:30	170	95	12	0:45:33	0:03:47	230	122	14	0:54:29	189	120	14	15.8	0:01:16	141	81	10	0:27:47	134	89	10	0:08:58		
174	1:47:52	CHRISTO, GREG	HILTON	NY	523	M51	106	7	0:27:20	229	122	8	1:00:44	0:03:14	213	114	8	0:52:40	166	109	8	16.4	0:01:00	87	53	4	0:23:38	44	42	1	0:07:37		
175	1:47:52	COX, ELIZABETH	ROCHESTER	NY	535	F41	69	12	0:20:32	172	77	13	0:45:38	0:01:49	79	30	4	0:55:19	197	76	13	15.5	0:00:49	44	15	1	0:29:23	169	60	8	0:09:29		
176	1:48:11	BARDOSSI, JANET	PORTLAND	OR	505	F44	70	13	0:19:37	143	61	11	0:43:36	0:02:12	125	54	9	0:52:25	165	57	10	16.4	0:00:53	58	21	2	0:33:04	221	93	13	0:10:40		
177	1:48:21	KOTLIKOFF, PHOEBE	ITHACA	NY	608	F14	71	1	0:12:06	3	2	1	0:26:53	0:01:35	58	17	1	0:57:08	214	88	1	14.9	0:01:10	121	49	1	0:36:22	238	104	1	0:11:44		
178	1:48:22	LE, QUYNH-NHU	ITHACA	NY	618	F21	72	7	0:19:06	125	49	5	0:42:27	0:02:40	174	77	5	0:54:39	190	70	5	15.8	0:01:41	201	95	8	0:30:16	184	68	6	0:09:46		
179	1:48:40	LAPOFF, LUCINDA (CIN	HONEOYE FALLS	NY	615	F38	73	11	0:21:10	182	84	14	0:47:02	0:01:57	93	39	9	0:51:14	147	47	10	16.7	0:01:33	189	86	14	0:32:46	217	91	14	0:10:34		
180	1:49:00	SAMSEL, LEE	NESCOPECK	PA	700	M55	107	6	0:19:58	151	85	7	0:44:22	0:03:28	221	118	7	0:53:53	180	116	7	16.1	0:01:06	105	63	3	0:30:35	188	117	6	0:09:52		
181	1:49:12	CONOVER, MARTHA	BRIGHTON	MA	532	F25	74	17	0:26:37	223	104	24	0:59:09	0:02:44	177	79	17	0:51:53	159	54	11	16.7	0:01:24	164	69	15	0:26:34	112	34	7	0:08:34		
182	1:49:30	PLACE, BUCK	ATHENS	PA	678	M41	108	15	0:28:03	234	125	16	1:02:20	0:03:51	234	125	16	0:49:23	125	90	12	17.4	0:01:45	208	110	15	0:26:28	107	76	10	0:08:32		
183	1:49:42	LANG, BARBARA	DRYDEN	NY	614	F50	75	5	0:18:06	98	34	2	0:40:13	0:02:37	168	74	6	0:54:02	186	68	4	15.8	0:01:42	202	96	5	0:33:15	222	94	6	0:10:44		
184	1:50:11	NIHILL, KEVIN	CASTLETON	NY	666	M30	109	14	0:19:00	118	73	11	0:42:13	0:04:33	245	131	20	0:54:51	193	121	15	15.8	0:02:46	251	133	20	0:29:01	159	104	16	0:09:22		
185	1:50:25	HERTER, JEFF	TROY	NY	587	M45	110	14	0:20:16	163	90	14	0:45:02	0:03:01	196	105	11	0:50:48	142	98	13	17.0	0:02:18	244	127	13	0:34:02	227	130	14	0:10:59		
186	1:50:47	HOLMES, REBECCA	ITHACA	NY	591	F28	76	18	0:19:23	134	55	13	0:43:04	0:03:10	206	97	23	0:53:56	183	65	15	16.1	0:01:59	227	111	25	0:32:19	211	87	24	0:10:25		
187	1:50:51	STAZI, MIKE	ITHACA	NY	712	M44	111	16	0:29:00	239	128	17	1:04:27	0:02:22	144	80	8	0:52:43	169	111	13	16.4	0:01:07	109	66	10	0:25:39	89	65	9	0:08:16		
188	1:50:51	CLARKBERG, MARIN	ITHACA	NY	526	F38	77	12	0:16:56	73	24	4	0:37:38	0:03:12	209	98	17	0:53:59	185	67	13	16.1	0:01:15	139	60	8	0:35:29	236	102	17	0:11:27		
189	1:50:55	HERZ, ELLA	WASHINGTON	DC	588	F37	78	13	0:26:59	226	106	18	0:59:58	0:03:08	204	96	16	0:54:54	194	73	15	15.8	0:00:51	53	18	2	0:25:03	70	12	4	0:08:05		
190	1:51:05	KRALLES, ALEXANDER	ROCHESTER	NY	609	M40	112	17	0:20:15	162	88	9	0:45:00	0:03:31	244	130	17	0:52:02	161	106	14	16.4	0:02:37	249	131	17	0:29:40	174	112	17	0:09:34	7.3	2
191	1:51:25	GUTENKUNST, RYAN	ITHACA	NY	577	M25	113	13	0:20:22	168	94	12	0:45:16	0:03:27	219	116	14	0:57:02	213	126	15	14.9	0:01:19	149	87	12	0:29:15	166	109	12	0:09:26		
192	1:51:49	GUNTHER, MIKE	BINGHAMTON	NY	574	M36	114	14	0:32:44	245	131	15	1:12:44	0:03:04	201	107	11	0:45:16	62	52	8	18.9	0:02:24	246	129	15	0:28:21	146	98	13	0:09:09		
193	1:51:50	ERSKINE, MARLA	UNION SPRINGS	NY	552	F29	79	19	0:18:20	101	36	9	0:40:44	0:03:02	197	92	21	0:59:01	226	97	23	14.4	0:00:45	29	10	2	0:30:42	192	72	20	0:09:54		
194	1:52:09	MAXIM, LYNN	SPENCERPORT	NY	636	F52	80	6	0:19:02	121	46	3	0:42:18	0:02:49	186	86	7	0:58:49	225	96	6	14.7	0:01:27	173	74	3	0:30:02	180	66	4	0:09:41		
195	1:52:25	NEWMAN, AARON	NEW YORK	NY	664	M34	115	15	0:27:01	227	121	18	1:00:02	0:02:53	188	101	15	0:55:40	201	122	16	15.5	0:01:11	126	74	8	0:25:40	92	68	10	0:08:17		
196	1:52:28	HARRIGAN, SARAHJAN	BURDETT	NY	582	F31	81	8	0:19:50	148	65	7	0:44:04	0:02:37	169	75	9	0:57:14	215	89	11	14.9	0:01:24	162	67	8	0:31:23	200	79	9	0:10:07		
197	1:52:34	LITWILER, AMY	BIG FLATS	NY	758	F35	82	14	0:19:11	128	51	10	0:42:38	0:02:34	163	72	13	0:57:00	212	87	16	14.9	0:01:23	158	66	10	0:32:26	213	89	13	0:10:28		
198	1:52:40	KEELER, BRIAN	WYALUSING	PA	781	M51	116	8	0:23:10	209	114	7	0:51:29	0:04:35	246	132	9	0:50:34	138	96	6	17.0	0:00:52	56	37	2	0:31:29	202	122	8	0:10:09	7.3	2
199	1:52:48	GOULD, BRIAN	MACEDON	NY	571	M34	117	16	0:26:29	222	119	17	0:58:51	0:02:33	160	91	12	0:51:43	156	104	14	16.7	0:01:27	175	99	12	0:30:36	189	118	18	0:09:52		
200	1:52:48	FORTIN, KIMBERLY	UNION SPRINGS	NY	778	F26	83	20	0:24:12	215	101	22	0:53:47	0:02:23	146	65	16	0:55:39	200	79	18	15.5	0:01:28	179	81	19	0:29:06	162	56	15	0:09:23		
201	1:53:00	FISH, ANDREW	UNION SPRINGS	NY	779	M26	118	14	0:26:57	225	120	15	0:59:53	0:02:06	114	64	10	0:51:35	153	103	13	16.7	0:02:33	248	130	17	0:29:49	177	114	14	0:09:37		
202	1:53:00	BOWERS, MICHAEL	WEEDSPORT	NY	516	M30	119	17	0:18:49	111	70	9	0:41:49	0:03:01	194	104	16	1:02:09	237	132	19	13.7	0:01:30	183	101	13	0:27:31	126	85	13	0:08:53		
203	1:53:04	GUILLET, JILL	GLENS FALLS	NY	575	F29	84	21	0:20:08	157	71	16	0:44:44	0:01:48	78	29	7	1:00:15	231	101	24	14.2	0:01:25	167	72	17	0:29:28	173	62	17	0:09:30		
204	1:53:35	LEE-POW, CHERYL	SENECA FALLS	NY	620	F28	85	22	0:18:25	103	38	10	0:40:56	0:03:01	195	91	20	0:56:38	209	84	20	15.2	0:00:51	49	17	4	0:34:40	231	98	25	0:11:11		
205	1:53:53	TRECHOCK, MARY	ITHACA	NY	725	F30	86	9	0:21:13	184	86	10	0:47:09	0:02:19	139	62	8	0:55:43	202	80	9	15.5	0:00:54	63	24	2	0:33:44	225	96	11	0:10:53		
206	1:53:58	LIVINGSTON, ROBIN	STEAMBOAT	CO	625	F36	87	15	0:21:44	193	89	15	0:48:18	0:02:00	100	42	10	0:53:33	177	62	12	16.1	0:01:39	197	91	15	0:35:02	235	100	16	0:11:18		
207	1:55:06	ROGAN, DANIEL	OWINGS MILLS	MD	691	M39	120	15	0:20:19	166	92	11	0:45:09	0:04:19	239	127	15	0:56:09	206	124	15	15.2	0:00:56	70	44	6	0:33:23	224	129	15	0:10:46		
208	1:55:23	BARDOSSI, JOAN	ROCHESTER	NY	506	F44	88	14	0:18:59	117	45	7	0:42:11	0:02:34	166	73	14	0:59:26	227	98	15	14.4	0:01:05	102	42	4	0:33:19	223	95	14	0:10:45		
209	1:55:26	FULLER, LYNN	CANANDAIGUA	NY	563	M57	121	7	0:17:54	94	62	5	0:39:47	0:02:38	171	95	5	0:54:09	187	119	9	15.8	0:02:13	242	125	8	0:38:32	245	136	9	0:12:26		
210	1:55:33	TEGAN, JENNIFER K	ITHACA	NY	566	F35	89	16	0:23:34	210	96	17	0:52:22	0:02:57	190	89	14	0:57:16	217	90	17	14.9	0:01:47	209	97	17	0:29:59	179	65	12	0:09:40		
211	1:55:53	DOWNEY, CHRISTA	ITHACA	NY	546	F30	90	10	0:23:4																								





Cayuga Lake Triathlon 08/07/05

13 Male 15-19  
15 Male 20-24  
22 Male 25-29  
23 Male 30-34  
18 Male 35-39  
19 Male 40-44  
14 Male 45-49  
10 Male 50-54  
10 Male 55-59  
4 Male 60-64  
1 Male 65-69  
1 Male 75-79  
1 Age Unknowr  
152 Male  
277 Individuals  
12 Relay