



THE COMPLETE RACE MANAGEMENT AND TIMING SOLUTION

Saratoga Lake Triathlon 09/17/05

Individuals			Overall Place:		Swim:		Place:			Bike:			Place:			Run:		Place:			Penalty	Mins				
Place	Time	Name	City	ST	Bib#	Sex	Age	Sex	Age	Time	All	Sex	Age	Pace	Time	All	Sex	Age	Pace	Time	All	Sex	Age	Pace	Penalty	Mins
1	2:08:49	JONES, TREVOR	WEST POINT	NY	115	M21	1			0:25:05	5	5	1	0:27:52	1:05:46	14	13	3	22.6	0:37:58	4	4	1	0:06:07		
2	2:08:57	DREXLER, WILLIAM	PITTSFIELD	MA	55	M30	2			0:23:58	4	4	1	0:26:38	1:07:39	26	25	7	22.0	0:37:20	3	3	2	0:06:01		
3	2:09:20	CASEY, CHRIS	MONTGOMERY	VT	27	M34	3			0:28:25	31	24	4	0:31:34	1:00:40	1	1	1	24.5	0:40:15	14	14	5	0:06:30		
4	2:10:11	PETRANCOSTA, CHRISTOPHER	WEST POINT	NY	197	M20	4	1		0:25:12	7	7	2	0:28:00	1:05:42	12	11	2	22.6	0:39:17	7	7	2	0:06:20		
5	2:11:01	MALLET, MATT	SARATOGA SPRING	NY	157	M30	5	1		0:29:20	43	33	5	0:32:36	1:04:36	8	8	3	23.0	0:37:05	2	2	1	0:05:59		
6	2:11:21	FRONHOFER II, PAUL	ARGYLE	NY	76	M27	6	1		0:28:09	26	22	4	0:31:17	1:01:00	3	3	2	24.4	0:42:12	26	26	2	0:06:48		
7	2:11:33	EMELSON, BRIAN	ROCHESTER	NY	63	M39	7	1		0:25:14	8	8	1	0:28:02	1:06:30	16	15	2	22.4	0:39:49	10	10	1	0:06:25		
8	2:12:43	LAPIERRE, CHRISTOPHER	LAKE PLACID	NY	139	M30	8	2		0:28:16	29	23	3	0:31:24	1:05:44	13	12	4	22.6	0:38:43	5	5	3	0:06:15		
9	2:12:50	SCHMIDT, ROBERT	ATHENS	NY	230	M16	9	1		0:25:09	6	6	2	0:27:57	1:02:23	5	5	1	23.9	0:45:18	47	46	3	0:07:18		
10	2:13:19	NOONAN, JOHN	BALLSTON SPA	NY	184	M45	10	1		0:29:59	47	35	1	0:33:19	1:04:00	6	6	1	23.3	0:39:20	8	8	1	0:06:21		
11	2:13:20	O'KEEFE, PATRICK	QUEENSBURY	NY	188	M29	11	2		0:21:45	1	1	1	0:24:10	1:06:32	17	16	3	22.4	0:45:03	45	44	3	0:07:16		
12	2:13:50	FRONHOFER, DAN	FORT EDWARD	NY	75	M23	12	2		0:30:21	54	39	5	0:33:43	1:01:07	4	4	1	24.3	0:42:22	27	27	7	0:06:50		
13	2:14:11	WILSON, MARK	WOODSTOCK	NY	284	M38	13	2		0:28:38	34	27	8	0:31:49	1:04:36	9	9	1	23.0	0:40:57	18	18	2	0:06:36		
14	2:15:24	GRIFFIN, DONALD	BELMAR	NJ	89	M36	14	3		0:26:15	12	12	2	0:29:10	1:07:05	21	20	6	22.2	0:42:04	25	25	3	0:06:47		
15	2:16:17	OFFORD, STEPHEN	PORTER CORNERS	NY	187	M38	15	4		0:26:23	14	13	3	0:29:19	1:07:03	20	19	5	22.2	0:42:51	29	29	4	0:06:55		
16	2:17:29	KRESGE, MIKE	ROCK HILL	NY	127	M34	16	3		0:27:28	17	16	2	0:30:31	1:10:19	48	46	9	21.2	0:39:42	9	9	4	0:06:24		
17	2:17:36	GREENFIELD, HOWARD	ALBANY	NY	87	M29	17	3		0:27:46	21	19	3	0:30:51	1:09:35	37	36	4	21.4	0:40:15	13	13	1	0:06:30		
18	2:18:19	WILSON, TED	QUEENSBURY	NY	285	M40	18	1		0:30:44	62	47	5	0:34:09	1:05:50	15	14	1	22.6	0:41:45	23	23	5	0:06:44		
19	2:18:25	MIYAMA, TOMO	VALATIE	NY	172	M40	19	2		0:30:32	57	42	4	0:33:56	1:07:55	28	27	3	21.9	0:39:58	11	11	1	0:06:27		
20	2:19:46	ONDERDONK, JOHN	SARATOGA SPRING	NY	191	M38	20	5		0:28:31	33	26	7	0:31:41	1:07:35	25	24	7	22.0	0:43:40	35	35	7	0:07:03		
21	2:20:13	REMINGTON, TY	GLENVILLE	NY	221	M30	21	4		0:34:51	160	122	17	0:38:43	1:04:03	7	7	2	23.2	0:41:19	21	21	7	0:06:40		
22	2:20:25	MACKIN, BOB	ACTON	MA	152	M42	22	3		0:31:36	76	54	7	0:35:07	1:07:35	24	23	2	22.0	0:41:14	19	19	3	0:06:39		
23	2:20:39	BRESCIA, JERRY	NISKAYUNA	NY	14	M37	23	6		0:27:02	15	14	4	0:30:02	1:10:13	47	45	11	21.2	0:43:24	33	33	5	0:07:00		
24	2:20:56	MACKIN, KAREN	ACTON	MA	153	F40	1			0:29:19	42	10	2	0:32:34	1:05:32	10	1	1	22.7	0:46:05	54	3	1	0:07:26		
25	2:21:12	CALLAHAN, DAMIEN	AMHERST	MA	24	M26	24	4		0:33:18	116	85	8	0:37:00	1:00:55	2	1	1	24.4	0:46:59	63	57	4	0:07:35		
26	2:21:13	FJELLANGER, SAMUEL	WEST POINT	NY	73	M21	25	3		0:28:05	23	20	3	0:31:12	1:12:27	64	62	9	20.5	0:40:41	16	16	4	0:06:34		
27	2:21:19	RATH, RANDY	GLENS FALLS	NY	213	M36	26	7		0:27:32	19	17	5	0:30:36	1:06:35	18	17	3	22.3	0:47:12	64	58	14	0:07:37		
28	2:21:28	HUBBELL, SHANE	PLATTSBURGH	NY	106	M18	27	2		0:22:28	3	3	1	0:24:58	1:09:23	34	33	2	21.4	0:49:37	95	81	4	0:08:00		
29	2:21:43	VIZETHANN, JEFFREY	CORNWALL	NY	265	M38	28	8		0:28:30	32	25	6	0:31:40	1:09:45	40	38	9	21.3	0:43:28	34	34	6	0:07:01		
30	2:21:56	LOVE, BOB	GREENVILLE CENT	NY	149	M41	29	4		0:28:08	25	21	3	0:31:16	1:12:04	60	58	7	20.6	0:41:44	22	22	4	0:06:44		
31	2:22:35	SWIFT, RANDY	SARATOGA SPRING	NY	257	M33	30	5		0:30:32	58	43	6	0:33:56	1:07:33	23	22	6	22.0	0:44:30	38	38	9	0:07:11		
32	2:22:36	BOYKO, ARTHUR	POUGHKEEPSIE	NY	13	M39	31	1		0:22:18	2	2	1	0:24:47	1:11:24	55	53	3	20.8	0:48:54	89	77	2	0:07:53		
33	2:22:58	JOSCELYNE, CHARLES	FARMINGTON	CT	116	M50	32	1		0:30:20	53	38	2	0:33:42	1:07:48	27	26	1	21.9	0:44:50	41	40	2	0:07:14		
34	2:23:14	CAHOY, ANDY	WEST POINT	NY	23	M19	33	3		0:34:28	153	115	3	0:38:18	1:10:00	45	43	3	21.3	0:38:46	6	6	1	0:06:15		
35	2:23:15	PRIMOMO, GENE	DELMAR	NY	210	M47	34	2		0:29:17	41	32	2	0:32:32	1:05:36	11	10	1	22.7	0:48:22	82	70	1	0:07:48		
36	2:23:47	KRESGE, MATTHEW	REXFORD	NY	126	M36	35	9		0:30:36	60	44	13	0:34:00	1:08:32	29	28	8	21.7	0:44:39	40	39	9	0:07:12		
37	2:25:26	MANCUSO, CHRISTOPHER	SCOTIA	NY	158	M24	36	4		0:34:04	146	109	10	0:37:51	1:09:19	31	30	4	21.5	0:42:03	24	24	6	0:06:47		
38	2:25:28	HETTRICH, DAVID	DELMAR	NY	100	M40	37	5		0:32:00	81	57	8	0:35:33	1:13:09	79	77	12	20.3	0:40:19	15	15	2	0:06:30		
39	2:25:57	ETIEN, ROBERT	WATERVLIET	NY	66	M31	38	6		0:33:36	125	92	12	0:37:20	1:11:04	52	50	11	20.9	0:41:17	20	20	6	0:06:40		
40	2:26:02	DUNSEATH, HUGH	CLIFTON OARK	NY	58	M62	39	1		0:27:11	16	15	1	0:30:12	1:13:04	77	75	1	20.4	0:45:47	53	51	1	0:07:23		
41	2:26:27	DODGE, JEFF	PLATTSBURGH	NY	51	M40	40	6		0:25:32	10	10	1	0:28:22	1:12:28	66	65	9	20.5	0:48:27	84	72	8	0:07:49		
42	2:27:06	MITCHELL, DAN	WEST POINT	NY	171	M23	41	5		0:30:02	49	36	4	0:33:22	1:11:31	56	54	8	20.8	0:45:33	48	47	9	0:07:21		
43	2:27:16	ALPERN, MATTHEW	LATHAM	NY	3	M42	42	7		0:25:33	11	11	2	0:28:23	1:13:33	85	80	13	20.2	0:48:10	78	68	7	0:07:46		
44	2:27:44	REES, ROBERT	ALMOND	NY	219	M57	43	1		0:31:54	79	56	2	0:35:27	1:09:33	36	35	1	21.4	0:46:17	56	53	1	0:07:28		
45	2:27:50	SCHAFFER, SCOTT	LIVERPOOL	NY	229	M38	44	10		0:33:53	139	105	28	0:37:39	1:06:40	19	18	4	22.3	0:47:17	66	59	15	0:07:38		
46	2:28:06	HENKE, WILLIAM	HUDSON FALLS	NY	98	M31	45	7		0:33:39	128	93	13	0:37:23	1:08:41	30	29	8	21.7	0:45:46	52	50	11	0:07:23		
47	2:28:12	BAUER, AMY	WEST POINT	NY	7	F21	2			0:28:07	24	4	1	0:31:14	1:13:25	82	5	2	20.3	0:46:40	58	5	2	0:07:32		
48	2:28:46	SHELGRIN, JAY	VALLEY FALLS	NY	237	M52	46	2		0:31:50	78	55	4	0:35:22	1:09:38	38	37	2	21.4	0:47:18	67	60	4	0:07:38		
49	2:28:49	BAIRD, GEORGE	RENSSELAER	NY	5	M49	47	2		0:32:46	100	74	5	0:36:24	1:09:57	44	42	2	21.3	0:46:06	55	52	4	0:07:26		
50	2:29:26	LELAND, SCOTT	GLASTONBURY	CT	143	M38	48	11		0:33:47	135	101	27	0:37:32	1:10:00	46	44	10	21.3	0:45:39	49	48	11	0:07:22		
51	2:29:39	STERN, JON	NEW PALTZ	NY	253	M45	49	3		0:32:53	104	78	6	0:36:32	1:13:01	75	73	6	20.4	0:43:45	36	36	2	0:07:03		
52	2:29:41	HARRINGTON, LAUREN	WEST POINT	NY	96	F22	3			0:28:10	27	5	2	0:31:18	1:13:21	81	4	1	20.3	0:48:10	79	11	4	0:07:46		
53	2:29:48	ROGERS-HARRINGTON, RAYMO	SARATOGA SPRING	NY	224	M34	50	8		0:36:10	171	131	18	0:40:11	1:10:35	49	47	10	21.1	0:43:03	31	31	8	0:06:57		
54	2:30:11	KRUGE, A.K.	SOUTHBURY	CT	129	M51	51	3		0:34:31	155	117	7	0:38:21	1:10:38	51	49	3	21.1	0:45:02	44	43	3	0:07:16		
55	2:31:08	MADDALONI, TONY	SLINGERLANDS	NY	154	M53	52	4		0:35:17	164	125	8	0:39:12	1:12:35	69	67	5	20.5	0:43:16	32					



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Saratoga Lake Triathlon 09/17/05

Table with columns for race number, name, gender, age, state, and 20 performance metrics (times in minutes:seconds). Includes names like MASTERS, JONATHAN and COLLINS, FRANK.



Saratoga Lake Triathlon 09/17/05

139	2:47:59	PICKETT, MARY	LYNNFIELD	MA	200	F39	26	9	0:32:58	106	27	4	0:36:38	1:24:47	186	38	13	17.6	0:50:14	100	17	6	0:08:06
140	2:48:13	DETTMER, AMANDA	BELCHERTOWN	MA	50	F26	27	2	0:30:20	52	15	3	0:33:42	1:25:45	195	41	2	17.4	0:52:08	120	23	3	0:08:25
141	2:48:52	FENOFF, TERRY	HELLERTOWN	PA	69	M55	114	4	0:35:51	165	126	5	0:39:50	1:20:08	138	113	4	18.6	0:52:53	129	102	3	0:08:32
142	2:48:58	FITZPATRICK, RYAN	HOPEWELL JUNCTI	NY	72	M24	115	14	0:36:44	176	134	15	0:40:49	1:22:00	158	129	16	18.1	0:50:14	101	84	14	0:08:06
143	2:49:21	LABATT-SIMON, KRITEN	EAST GREENBUSH	NY	131	F32	28	4	0:36:13	172	41	5	0:40:14	1:18:48	124	18	3	18.9	0:54:20	148	33	3	0:08:46
144	2:49:33	MORRELL, ROBERT	LOUDONVILLE	NY	179	M38	116	29	0:33:56	143	108	29	0:37:42	1:20:33	145	119	29	18.5	0:55:04	155	122	32	0:08:53
145	2:49:40	DEMERS, JOHN	DELMAR	NY	49	M45	117	8	0:41:32	228	169	12	0:46:09	1:12:32	68	66	4	20.5	0:55:36	165	126	7	0:08:58
146	2:49:53	REES, BETHANY	ALMOND	NY	218	F19	29	2	0:33:44	132	35	2	0:37:29	1:22:31	162	31	2	18.0	0:53:38	140	31	2	0:08:39
147	2:50:06	RAYBURN, JENNIFER	WEST POINT	NY	215	F21	30	6	0:39:59	217	55	9	0:44:26	1:25:32	194	40	9	17.4	0:44:35	39	1	1	0:07:11
148	2:50:29	WORKMAN, JOHN	NEW WYNDSOR	NY	286	M42	118	20	0:32:18	88	63	10	0:35:53	1:22:31	163	132	24	18.0	0:53:40	141	110	20	0:08:39
149	2:50:44	ENDIEVERI, DEANA	WOUGH GLENS FAL	NY	64	F35	31	10	0:33:38	126	34	8	0:37:22	1:19:30	133	23	10	18.7	0:57:36	182	45	13	0:09:17
150	2:51:06	REILLY, TIM	VALLEY FALLS	NY	220	M44	119	21	0:36:56	177	135	24	0:41:02	1:21:39	153	124	22	18.2	0:52:31	125	100	17	0:08:28
151	2:51:14	BASSILA, CHRISTIAN	NEW YORK	NY	6	M30	120	15	0:38:19	198	151	21	0:42:34	1:15:01	97	88	14	19.8	0:57:54	185	140	21	0:09:20
152	2:51:56	BERNSTEIN, DANIEL	LOUDONVILLE	NY	11	M52	121	8	0:33:39	127	94	6	0:37:23	1:25:12	192	153	12	17.5	0:53:05	132	104	8	0:08:34
153	2:51:56	KENNEDY, DAVID	FAIRPORT	NY	119	M51	122	9	0:38:23	200	152	14	0:42:39	1:16:58	108	96	7	19.3	0:56:35	174	134	11	0:09:08
154	2:52:23	TAYLOR, MICHAEL	EAST NASSAU	NY	260	M32	123	16	0:33:23	119	88	11	0:37:06	1:25:10	191	152	23	17.5	0:53:50	143	112	16	0:08:41
155	2:52:37	LANDEWE, PATRICK	SAUGERTIES	NY	135	M34	124	17	0:32:38	95	71	8	0:36:16	1:25:30	193	154	24	17.4	0:54:29	150	117	18	0:08:47
156	2:52:53	COHEN, BEN	NEW YORK	NY	31	M15	125	5	0:36:42	175	133	4	0:40:47	1:24:13	182	145	5	17.7	0:51:58	115	94	5	0:08:23
157	2:52:55	ROWLEY, PATRICK	QUEENSBURY	NY	225	M39	126	30	0:29:30	44	34	10	0:32:47	1:20:16	139	115	28	18.5	1:03:09	217	161	39	0:10:11
158	2:53:00	WAGNER, DOUG	ALBANY	NY	267	M46	127	9	0:32:20	89	64	3	0:35:56	1:21:58	156	127	10	18.2	0:58:42	189	144	10	0:09:28
159	2:53:01	MAY, GENEVIEVE	QUEENSBURY	NY	165	F45	32	4	0:38:33	203	50	5	0:42:50	1:26:32	204	46	4	17.2	0:47:56	76	9	2	0:07:44
160	2:53:07	PLANTE, WENDIE	BROOKLINE	MA	206	F27	33	3	0:30:00	48	13	2	0:33:20	1:31:13	225	56	5	16.3	0:51:54	113	20	2	0:08:22
161	2:53:10	DWYER, CHUCK	POUGHKEEPSIE	NY	60	M43	128	22	0:38:06	196	149	26	0:42:20	1:17:54	117	103	17	19.1	0:57:10	178	135	24	0:09:13
162	2:53:23	DAVIGNON, SCOTT	SCHENECTADY	NY	45	M44	129	23	0:36:01	169	129	23	0:40:01	1:23:36	173	138	25	17.8	0:53:46	142	111	21	0:08:40
163	2:53:38	SHERAW, THOMAS	DELMAR	NY	238	M38	130	31	0:38:05	192	148	35	0:42:19	1:21:34	152	123	31	18.2	0:53:59	144	113	28	0:08:42
164	2:53:45	BELLINGER, MARK	SCHENECTADY	NY	9	M45	131	10	0:33:53	140	104	9	0:37:39	1:21:40	154	125	9	18.2	0:58:12	187	142	9	0:09:23
165	2:54:09	YOUNG, KEVIN	WILTON	NY	287	M30	132	18	0:33:43	129	96	14	0:37:28	1:24:13	181	144	21	17.7	0:56:13	170	131	19	0:09:04
166	2:54:13	CLARK, CHERYL	GANSEVOORT	NY	29	F34	34	5	0:38:05	194	47	6	0:42:19	1:18:52	126	19	4	18.9	0:57:16	179	44	6	0:09:14
167	2:54:25	OLSEN, JON	PAWLING	NY	190	M37	133	32	0:37:04	179	137	33	0:41:11	1:23:14	170	136	33	17.9	0:54:07	145	114	29	0:08:44
168	2:54:30	KILGORE-GREEN, KARIN	GLENS FALLS	NY	122	F42	35	1	0:27:54	22	3	1	0:31:00	1:23:08	168	33	2	17.9	1:03:28	220	58	6	0:10:14
169	2:54:33	O'CONNOR, RAYMOND	SARATOGA SPRING	NY	186	M50	134	10	0:37:38	189	144	12	0:41:49	1:25:46	196	155	13	17.3	0:51:09	109	91	5	0:08:15
170	2:54:51	ARMAGNO, ROBERT	HARTFORD	NY	4	M59	135	5	0:36:02	170	130	6	0:40:02	1:19:56	134	111	3	18.6	0:58:53	191	146	6	0:09:30
171	2:55:17	SFEIR, EMILY	WEST POINT	NY	235	F19	36	3	0:33:26	121	33	1	0:37:09	1:26:21	203	45	3	17.2	0:55:30	163	38	3	0:08:57
172	2:55:30	KUSTAS, PAMELA	CAMBRIDGE	MA	130	F36	37	11	0:39:29	215	54	15	0:43:52	1:26:42	205	47	15	17.2	0:49:19	93	14	5	0:07:57
173	2:55:43	KERNER, PAUL	NISKAYUNA	NY	120	M36	136	33	0:32:06	85	60	18	0:35:40	1:21:54	155	126	32	18.2	1:01:43	209	157	38	0:09:57
174	2:55:46	BENTENITIS, NIKOS	HAMILTON	NY	10	M33	137	19	0:34:31	156	118	16	0:38:21	1:22:08	159	130	20	18.1	0:59:07	192	147	22	0:09:32
175	2:55:57	POHL, NICOLETTE	ALAMONT	NY	207	F43	38	2	0:37:22	185	44	5	0:41:31	1:23:10	169	34	3	17.9	0:55:25	162	37	3	0:08:56
176	2:57:06	WESTON, TRICIA	NEWTON	MA	278	F38	39	12	0:37:28	186	45	13	0:41:38	1:18:02	118	15	7	19.1	1:01:36	207	52	16	0:09:56
177	2:57:23	MORRELL, JENNIFER	LOUDONVILLE	NY	178	F35	40	13	0:40:38	223	57	16	0:45:09	1:23:52	176	36	12	17.7	0:52:53	128	27	10	0:08:32
178	2:57:31	HOROWITZ, BARRY	CLIFFSIDE PARK	NJ	104	M57	138	6	0:37:16	183	140	7	0:41:24	1:24:27	184	147	6	17.6	0:55:48	167	128	4	0:09:00
179	2:57:33	CABANA, FRANCIS	QUEENSBURY	NY	22	M51	139	11	0:36:35	174	132	9	0:40:39	1:27:38	209	160	14	17.0	0:53:20	138	108	9	0:08:36
180	2:57:48	PRICKETT, CONNIE	WILLMINGTON	NY	209	F39	41	14	0:41:36	229	60	17	0:46:13	1:20:51	147	27	11	18.4	0:55:21	160	35	11	0:08:56
181	2:58:00	FERNANDEZ, DAVID	SYRACUSE	NY	71	M23	140	15	0:38:45	205	155	16	0:43:03	1:26:06	199	157	17	17.3	0:53:09	133	105	15	0:08:34
182	2:58:36	ELLING, KIRSTEN (KIR	SCHENECTADY	NY	62	F43	42	3	0:37:08	180	43	4	0:41:16	1:28:15	211	50	6	16.9	0:53:13	134	29	2	0:08:35
183	2:58:39	BUSCH, CHRIS	WYNANTS KILL	NY	21	M44	141	24	0:34:16	151	113	20	0:38:04	1:24:09	179	142	26	17.7	1:00:14	201	153	26	0:09:43
184	2:59:24	WHITE, JEFFRY	NEW YORK	NY	281	M25	142	9	0:37:48	191	145	10	0:42:00	1:22:44	165	133	7	18.0	0:58:52	190	145	10	0:09:30
185	2:59:33	CRAIG, RICHARD	LOUDONVILLE	NY	41	M40	143	25	0:34:56	161	123	22	0:38:49	1:19:24	129	108	19	18.7	1:05:13	227	165	28	0:10:31
186	2:59:59	CHAMBERLIN, KINDRA	GANSEVOORT	NY	28	F39	43	15	0:36:26	173	42	12	0:40:29	1:19:29	132	22	9	18.7	1:02:04	211	54	17	0:10:01
187	3:00:16	LANDY, MATTHEW	ALBANY	NY	136	M38	144	34	0:38:33	202	154	36	0:42:50	1:23:50	175	140	35	17.7	0:57:53	184	139	35	0:09:20
188	3:00:55	PISERCHIA, MICHAEL	KEENE	NY	201	M29	145	10	0:38:29	201	153	11	0:42:46	1:24:40	185	148	10	17.6	0:57:46	183	138	9	0:09:19
189	3:01:37	GREKLEK, CHRIS	WATERVLIET	NY	88	M37	146	35	0:41:40	230	170	40	0:46:18	1:28:50	212	162	38	16.8	0:51:07	108	90	25	0:08:15
190	3:01:47	SCHAFFER, LONNIE	RENSSELAER	NY	228	M42	147	26	0:34:36	157	119	21	0:38:27	1:19:58	135	112	20	18.6	1:07:13	233	170	30	0:10:50
191	3:01:58	WIGGERS, MEGAN	ALBANY	NY	282	F21	44	7	0:29:33	45	11	4	0:32:50	1:22:36	164	32	6	18.0	1:09:49	240	65	10	0:11:16
192	3:02:05	VALLI, CHRISTOPHER	NEW YORK	NY	262	M34	148	20	0:40:40	224	167	26	0:45:11	1:21:59	157	128	19	18.2	0:57:26	180	136	20	0:09:16
193	3:02:39	PLANTE, BRANDEE	BALLSTON SPA	NY	204	F28	45	4	0:33:13	112	30	4	0:36:54	1:26:21	202	44	3	17.2	1:03:05	216	56	6	0:10:10
194	3:02:39	MONN, STEPHEN	QUEENSBURY	NY	174	M50	149	12	0:38:05	193	147	13	0:42:19	1:24:57	188	149	11	17.5	0:59:37	198	151	12	0:09:37
195	3:02:42	SCHACHNER, MARK	LAKE GEORGE	NY	226	M50	150	13	0:37:37	188	143	11	0:41:48	1:23:37	174	139	10	17.8	1:01:28	206	155	13	0:



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209	3:07:45	MLYNARICK, WILLIAM	STAMFORD	CT	173	M38	158	37	0:33:24	120	89	24	0:37:07	1:24:18	183	146	36	17.7	1:10:03	242	177	41	0:11:18
210	3:07:59	HURD, STEVEN	NEW YORK	NY	109	M36	159	38	0:40:17	220	165	39	0:44:46	1:27:41	210	161	37	17.0	1:00:01	200	152	37	0:09:41
211	3:08:04	TISCHLER, ELISABETH	HOLMROE	NY	261	F34	52	6	0:38:08	197	48	7	0:42:22	1:30:49	221	54	7	16.4	0:59:07	193	46	7	0:09:32
212	3:08:45	PLAGE, MARTY	HOLMDEL	NJ	203	M42	160	27	0:38:05	195	146	25	0:42:19	1:25:56	197	156	27	17.3	1:04:44	225	164	27	0:10:26
213	3:08:51	ABRAHAMSON, SCOTT	SARANAC	NY	1	M46	161	13	0:33:43	130	97	8	0:37:28	1:26:50	207	159	13	17.1	1:08:18	236	173	14	0:11:01
214	3:09:10	COUBERTIER, DAMARIS	HOPEWELL JUNCTI	NY	40	F41	53	5	0:41:17	227	59	6	0:45:52	1:26:09	200	43	5	17.3	1:01:44	210	53	5	0:09:57
215	3:09:37	REED, JASON	NEW YORK CITY	NY	217	M26	162	11	0:28:48	36	28	5	0:32:00	1:28:53	214	163	11	16.7	1:11:56	246	179	11	0:11:36
216	3:10:01	KLEIN, JANE	SARATOGA SPRING	NY	123	F47	54	5	0:41:10	226	58	6	0:45:44	1:33:30	232	60	6	15.9	0:55:21	159	36	5	0:08:56
217	3:10:09	PASTEL, ROBERT	ALBANY	NY	196	M49	163	7	0:37:14	182	139	6	0:41:22	1:31:12	224	169	8	16.3	1:01:43	208	156	7	0:09:57
218	3:13:22	STUFFLEBEAM, RICHARD	WYNANTSKILL	NY	255	M40	164	8	0:40:48	225	168	8	0:45:20	1:29:34	219	167	7	16.6	1:03:00	214	159	8	0:10:10
219	3:13:38	COHEN, STEVE	NEW YORK	NY	32	M53	165	15	0:39:11	210	159	15	0:43:32	1:31:24	226	170	15	16.3	1:03:03	215	160	14	0:10:10
220	3:13:43	GORALSKI, JOHN	QUEENSBURY	NY	84	M44	166	28	0:45:08	246	180	30	0:50:09	1:29:16	216	165	28	16.7	0:59:19	195	149	25	0:09:34
221	3:13:45	PLAGE, ANI	HOLMDEL	NJ	202	F39	55	18	0:43:04	238	63	18	0:47:51	1:26:05	198	42	14	17.3	1:04:36	224	61	18	0:10:25
222	3:13:45	HENRY, CAROL	MALTA	NY	99	F46	56	6	0:30:57	69	20	2	0:34:23	1:26:47	206	48	5	17.1	1:16:01	250	69	8	0:12:16
223	3:14:04	HURD, JEFFREY	SLINGERLANDS	NY	108	M38	167	39	0:42:11	234	174	41	0:46:52	1:32:23	229	171	40	16.1	0:59:30	197	150	36	0:09:36
224	3:14:45	SMISLOFF, BETH	BALLSTON SPA	NY	242	F42	57	6	0:49:32	252	70	7	0:55:02	1:24:00	178	37	4	17.7	1:01:13	205	51	4	0:09:52
225	3:15:03	GALLARDO, VICTORIA	WEST POINT	NY	77	F20	58	8	0:50:24	253	71	10	0:56:00	1:31:26	227	57	10	16.3	0:53:13	135	30	9	0:08:35
226	3:15:39	GRONDAHL, SAMUEL	NISKAYUNA	NY	90	M15	168	6	0:45:23	247	181	6	0:45:26	1:53:37	201	158	6	17.2	1:03:57	222	163	6	0:10:19
227	3:17:26	SHEEHAN, JOHN	HUDSON FALLS	NY	236	M39	169	40	0:40:04	219	164	38	0:44:31	1:29:04	215	164	39	16.7	1:08:18	237	174	40	0:11:01
228	3:18:33	BIGLEY, ERIN	NEW YORK	NY	12	F31	59	7	0:46:38	249	68	12	0:51:49	1:35:36	238	65	9	15.6	0:56:19	172	40	5	0:09:05
229	3:19:43	LAMONT, SETH	ALBANY	NY	133	M30	170	22	0:41:59	232	172	27	0:46:39	1:36:42	239	174	27	15.4	1:01:02	204	154	23	0:09:51
230	3:19:54	MAHER, ADRIENNE	NYC	NY	155	F28	60	6	0:42:56	237	62	6	0:47:42	1:37:32	243	67	6	15.3	0:59:26	196	47	5	0:09:35
231	3:21:22	HUANG, WES	LATHAM	NY	105	M36	171	41	0:32:47	101	75	21	0:36:26	1:53:37	253	181	41	13.1	0:54:58	153	120	30	0:08:52
232	3:22:19	VAN ORMAN, KIMBERLY	WATERVLIET	NY	263	F35	61	3	0:38:33	204	49	3	0:42:50	1:32:03	228	58	2	16.2	1:11:43	245	67	3	0:11:34
233	3:22:37	GOADE, SALLY	WYNANTSKILL	NY	83	F46	62	7	0:43:46	244	65	7	0:48:38	1:33:44	233	61	7	15.9	1:05:07	226	62	7	0:10:30
234	3:22:51	WEGENER, RICHARD	WEST HARTFORD	CT	271	M48	172	14	0:43:32	242	178	15	0:48:22	1:29:25	217	166	14	16.6	1:09:54	241	176	15	0:11:16
235	3:24:10	CARROLL-JOYCE, ELIZABETH	QUEENSBURY	NY	26	F51	63	2	0:43:54	245	66	2	0:48:47	1:36:53	240	66	3	15.4	1:03:23	219	57	2	0:10:13
236	3:25:44	PLANTE, JODI	BALLSTON SPA	NY	205	F31	64	8	0:39:20	213	53	9	0:43:42	1:33:22	231	59	8	15.9	1:13:02	248	68	9	0:11:47
237	3:26:03	REED, BILL	AVERILL PARK	NY	216	M40	173	29	0:43:37	243	179	29	0:48:28	1:37:11	241	175	29	15.3	1:05:15	228	166	29	0:10:31
238	3:26:12	SPITZER, DREW	LAKE GEORGE	NY	246	M31	174	23	0:39:56	216	162	25	0:44:22	1:34:18	235	173	26	15.8	1:11:58	247	180	25	0:11:36
239	3:26:49	HOLLMAN, ROB	SARATOGA SPRING	NY	102	M34	175	24	0:38:19	199	150	22	0:42:34	1:32:52	230	172	25	16.0	1:15:38	249	181	26	0:12:12
240	3:27:06	GELLMER, NED	WATERFORD	NY	79	M45	176	15	0:35:55	168	128	11	0:39:54	1:40:35	247	179	15	14.8	1:10:36	244	178	16	0:11:23
241	3:27:35	WAGNER, DIANE	ELIZABETHTOWN	NY	266	F57	65	1	0:43:06	239	64	1	0:47:53	1:33:55	234	62	1	15.8	1:10:34	243	66	1	0:11:23
242	3:27:52	LAURIN, MELINDA	RENSSELAER	NY	141	F52	66	3	0:50:34	254	72	3	0:56:11	1:34:59	236	63	2	15.7	1:02:19	213	55	1	0:10:03
243	3:28:30	KERSHAW, LEONARD	ELIZABETHTOWN	NY	121	M64	177	2	0:43:11	240	176	2	0:47:59	1:39:01	245	177	2	15.0	1:06:18	231	169	3	0:10:42
244	3:33:09	IRISH, MARY	CLIFTON PARK	NY	112	F45	67	8	0:47:08	250	69	8	0:52:22	1:49:06	251	71	8	13.6	0:56:55	176	42	6	0:09:11
245	3:34:56	O'BRIEN, WILLIAM	ARGYLE	NY	185	M41	178	30	0:40:02	218	163	27	0:44:29	2:01:20	254	182	30	24.3	0:53:34	139	109	19	0:08:38
246	3:36:16	LANE, JOHN	REXFORD	NY	138	M62	179	3	0:50:51	256	183	3	0:56:30	1:39:11	246	178	3	15.0	1:06:14	230	168	2	0:10:41
247	3:38:51	MURNAN, LIZ	SARATOGA SPRING	NY	182	F30	68	9	0:42:19	235	61	10	0:47:01	1:49:22	252	72	12	13.6	1:07:10	232	63	8	0:10:50
248	3:39:31	EVANS, HEATHER	ALBANY	NY	67	F31	69	10	0:39:18	212	52	8	0:43:40	1:38:43	244	68	10	15.1	1:21:30	252	71	11	0:13:09
249	3:42:26	RAJCZEWSKI, MARGE	BALLSTON LAKE	NV	211	F65	70	1	0:59:07	258	74	1	1:05:41	1:42:28	248	69	1	14.5	1:00:51	203	50	1	0:09:49
250	3:43:55	GRAHAM, EDWARD	CLIFTON PARK	NY	86	M50	180	16	0:51:25	257	184	16	0:57:08	1:44:10	249	180	16	14.3	1:08:20	238	175	16	0:11:01
251	3:50:04	LINCOURT, CARRIE	SCOTIA	NY	145	F31	71	11	0:45:36	248	67	11	0:50:40	1:44:11	250	70	11	14.3	1:20:17	251	70	10	0:12:57
252	4:14:34	WARD, ROBERT	DELMAR	NY	269	M49	181	16	1:01:20	260	186	16	1:08:09	2:07:59	256	183	16	21.9	1:05:15	229	167	12	0:10:31

**Relay Teams**

Place	Time	Name	City	ST	Bib#	Sex	Age	Overall Place:		Swim:		Place:		Bike:		Run:		Place:		Penalty	Minutes	
								Sex	Age	Time	All	Sex	Age	Time	All	Sex	Age	Time	All			Sex
1	2:09:46	TEAM BELIEVE II, RELAY TEAM	FORT PLAIN	NY	299	M99				0:27:35	6	3	0:30:39	1:01:27	2	1	24.2	0:40:44	4		3	0:06:34
2	2:13:58	TEAM UGLY, RELAY TEAM	SALEM	NY	296	M99				0:23:50	1	1	0:26:29	1:07:45	4	2	22.0	0:42:23	5		4	0:06:50
3	2:18:53	TEAM SUMNER, RELAY TEAM	CLIFTON PARK	NY	319	C99				0:27:54	7	3	0:31:00	1:01:09	1	1	24.3	0:49:50	20		9	0:08:02
4	2:22:13	TEAM ROURKE, RELAY TEAM	CORNWALL	NY	314	C99				0:25:03	3	2	0:27:50	1:12:00	11	4	20.7	0:45:10	8		2	0:07:17
5	2:22:58	TEAM MALDONADO, RELAY TEA	ALBANY	NY	305	N99				0:25:53	4	1	0:28:46	1:06:42	3	1	22.3	0:50:23	22		2	0:08:08
6	2:26:03	TEAM MILLER, RELAY TEAM	CORNWALL	NY	308	M99				0:30:59	16	5	0:34:26	1:11:55	10	5	20.7	0:43:09	6		5	0:06:58
7	2:26:28	TEAM TT, RELAY TEAM	SARATOGA SPRING	NY	311	C99				0:28:57	8	4	0:32:10	1:11:00	8	3	21.0	0:46:31	15		5	0:07:30
8	2:28:36	GEEK TEAM, RELAY TEAM	LATHAM	NY	312	C99				0:29:31	10	5	0:32:48	1:13:10	13	6	20.3	0:45:55	12		4	0:07:24
9	2:29:18	A DANET 2(TNT), RELAY TEAM	COHOES	NY	303	M99				0:27:11	5	2	0:30:12	1:15:53	17	6	19.6	0:46:14	14		8	0:07:27
10	2:30:24	TEAM STILL, RELAY TEAM	SARATOGA SPRING	NY	318	C99				0:31:30	21	11	0:35:00	1:13:35	14	7	20.2	0:45:19	9		3	0:07:19
11	2:32:50	MENAGE A TRI, RELAY TEAM	SARATOGA SPRING	NY	290	C99				0:29:33	11	6	0:32:50	1:12:36	12	5	20.5	0:50:41	23		10	0:08:10
12	2:32:57	ALBANY FIRE (ALBANY FIRE DEF	VOORHEESVILLE	NY	313	M99				0:38:47	28	8	0:43:06	1:08:31	5	3	21.7	0:45:39	10		7	0:07:22
13	2:33:05	DIE-TRYING, RELAY TEAM	NISKAYUNA	NY	306	M99				0:32:26	23	7	0:36:02	1:16:21	18	7	19.5	0:44:18	7			



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23	2:45:03	TEAM SILVERSTEIN, RELAY TEA	POUGHKEEPSIE	NY	316	C99	0:31:19	18	10	0:34:48	1:18:50	19	9	18.9	0:54:54	26	11	0:08:51
24	2:47:17	GENERATION GAP, RELAY TEAM	NISKAYUNA	NY	298	M99	0:30:33	14	4	0:33:57	1:22:56	23	8	17.9	0:53:48	25	10	0:08:41
25	2:47:46	TEAM SOMMO, RELAY TEAM	GUILDERLAND	NY	317	C99	0:31:19	17	9	0:34:48	1:35:58	27	14	15.5	0:40:29	3	1	0:06:32
26	2:50:40	ODI, RELAY TEAM	SARATOGA SPRING	NY	307	F99	0:29:48	12	1	0:33:07	1:14:48	15	2	19.9	1:06:04	29	3	0:10:39
27	2:56:35	TEAM DWYER, RELAY TEAM	RHINEBECK	NY	294	C99	0:33:05	24	13	0:36:46	1:26:12	25	12	17.3	0:57:18	27	12	0:09:15
28	2:59:40	DYNAMIC DUO, RELAY TEAM	QUEENSBURY	NY	315	C99	0:24:43	2	1	0:27:28	1:31:33	26	13	16.3	1:03:24	28	13	0:10:14
29	3:06:59	TEAM LUCIER DECELLE, RELAY	TROY	NY	304	F99	0:40:18	29	3	0:44:47	1:40:48	28	3	14.8	0:45:53	11	1	0:07:24
30	3:09:52	TEAM A&R, RELAY TEAM	MALTA	NY	310	C99	0:31:41	22	12	0:35:12	1:25:55	24	11	17.3	1:12:16	30	14	0:11:39

**Withdrawals**

Place	Time	Name	City	ST	Bib#	SexAge	Swim:				Bike:								
							Time	All	Sex	Age	Pace	Time	All	Sex	Age	Pace			
DNF		COBB , TOM	SARATOGA SPRING	NY	30	M61	0:59:47	259	185	4	1:06:26								
DNF		DARLING , HILLARY	ALBANY	NY	43	F25	0:50:47	255	73	7	0:56:26	2:06:07	255	73	7				
DNF		GLOVER , DARRIUS	WEST POINT	NY	82	M20	0:33:18	117	85	7	0:37:00	1:37:32	243	176	18				
DNF		IMBRIACO , JOE	BRICK	NJ	111	M20	0:34:41	157	119	13	0:38:32	1:09:20	32	31	5				
DNF		JOHNSON , EMILY	BROOKLYN	NY	113	F32	0:33:26	121	33	3	0:37:09	1:20:22	142	26	6				
DNF		MORGIEWICZ , CARRIAN	FLORENCE	MA	177	F28													
DNF		POWHIDA , NANCY	BALLSTON SPA	NY	208	F63	1:06:44	261	75	1	1:14:09	2:09:47	257	74	1				
DNF		SPRINGER , MARIO	NEW YORK	NY	248	M33	0:39:28	214	161	24	0:43:51	1:12:13	62	60	12				
DNF		WESTON , MICHAEL	NEWTON	MA	277	M37	0:38:48	206	156	37	0:43:07								
DNF		HIGHTOWER , STEPHANIE	WESTPOINT	NY	321	F0	0:29:10	39	9	1	0:32:24	2:16:52	258	75	1				
DNF		TEAM DEVANEY , RELAY TEAM	GANSEVOORT	NY	291	N99	0:37:48	27	4	0:42:00	2:24:21	29	4						

**Did Not Starts**

Place	Time	Name	City	ST	Bib#	SexAge
DNS		CARINGI , KATHLEEN	FLORENCE	MA	25	F28
DNS		COMISKEY , WILLIAM	TROY	NY	36	M53
DNS		DEGUTIS , CHRISTOPHER	CLIFTON PARK	NY	48	M38
DNS		DOMINGOS , CHRISTOPHER	CLIFTON PARK	NY	52	M28
DNS		DONOHUE , ALANNA	OSSINING	NY	54	F32
DNS		DUSTIN , KERRY	NEW YORK	NY	59	M30
DNS		DWYER , PATRICK	WALTHAM	MA	61	M34
DNS		FARRELL , JAMES	STUYVESANT	NY	68	M54
DNS		GROSSMAN , MARC	NISKAYUNA	NY	91	M32
DNS		HARO , RAUL	RENSSELAER	NY	95	M41
DNS		HULST , RYAN	WEST POINT	NY	107	M19
DNS		JURCSAK , KRISTEN	CONCORD	MA	117	F31
DNS		KRALJIC , JEN	NEW YORK	NY	124	F23
DNS		LANDY , STEPHANIE	BALLSTON SPA	NY	137	F45
DNS		LIEB , KAREN	SARANAC LAKE	NY	144	F46
DNS		LIZZI , MELISSA	WATERVLIET	NY	147	F36
DNS		MCKEE JR , WILLIAM J.	WESTWOOD	MA	169	M43
DNS		MULLER , ADAM	NEW YORK	NY	181	M31
DNS		OREILLY , BRENDAN	STOWE	VT	193	M41
DNS		SCHOLTEN , JANA	SOMERVILLE	MA	231	F37
DNS		SCHWARTZ , JASON	NEW YORK	NY	232	M27
DNS		STEWART , JOSHUA	NEW YORK	NY	254	M28
DNS		SULLIVAN , DENNIS	LIVINGSTON	NJ	256	M50
DNS		SZRIFTGISER , PATRICIA	CLIFFSIDE PARK	NJ	258	F45
DNS		TADLAOUI , ALI	CLOSTER	NJ	259	M41
DNS		WESTFIELD , JEFFREY	SOUTH ORANGE	NJ	276	M37
DNS		TEAM COLMAN , RELAY TEAM	LAGRANGEVILLE	NY	289	N99
DNS		TEAM DUGGAN , RELAY TEAM	SARATOGA SPRING	NY	293	N99

**Registration Statistics**

Count	Age Group
3	Female 15-19
11	Female 20-24
9	Female 25-29
14	Female 30-34
20	Female 35-39
7	Female 40-44
11	Female 45-49
3	Female 50-54
1	Female 55-59
1	Female 60-64



Saratoga Lake Triathlon 09/17/05

- 1 Female 65-69
- 1 Age Unknown
- 3 Athena
- 85 Female
- 1 Male 14 & under
- 7 Male 15-19
- 18 Male 20-24
- 14 Male 25-29
- 31 Male 30-34
- 44 Male 35-39
- 34 Male 40-44
- 16 Male 45-49
- 19 Male 50-54
- 7 Male 55-59
- 4 Male 60-64
- 8 Clydesdale
- 203 Male
- 14 Relay - Coed
- 3 Relay - Female
- 10 Relay - Male
- 6 Relay - unknown
- 33 Relay Team
- 321 Total Race Entries