



2009 Overall Sprint Triathlon Award Winners

| 3 Best Races | Total Points | Name | Age Group | Keuka Lake Tri | | | Clark Companies A Tri in the Buff | | | Riverside Federal Credit Union Summer Sizzler | | | Finger Lakes Triathlon | | | Leaders | Numner of Events |
|--------------|--------------|---------------------|--------------|----------------|-----|-----|-----------------------------------|-----|-----|---|-----|-----|------------------------|-----|-----|--------------------|------------------|
| | | | | Short | | | Sprint | | | Sprint | | | Sprint | | | | |
| | | | | | | | | | | | | | | | | | |
| 1167 | 1462 | Subjeck, Melissa | Female 25-29 | 206 | 347 | 295 | 79 | 184 | 422 | 73 | 238 | 428 | 189 | 644 | 317 | 1st Female 25-29 | 4 |
| 1459 | 1459 | Pierce, Nicolina | Female 30-34 | 19 | 347 | 482 | 14 | 184 | 487 | | | | 16 | 644 | 490 | 1st Overall Female | 3 |
| 1403 | 1403 | Brooks, Rachel | Female 30-34 | 49 | 347 | 452 | | | | 23 | 238 | 478 | 33 | 644 | 473 | 2nd Overall Female | 3 |
| 1269 | 1562 | Cassetta, Cindy | Female 30-34 | 208 | 347 | 293 | 75 | 184 | 426 | 54 | 238 | 447 | 110 | 644 | 396 | 1st Female 30-34 | 4 |
| 1251 | 1251 | Smith, Kimberly | Female 30-34 | 104 | 347 | 397 | 53 | 184 | 448 | | | | 100 | 644 | 406 | 2nd Female 30-34 | 3 |
| 1331 | 1331 | Astalos, Jennifer | Female 35-39 | 77 | 347 | 424 | | | | 32 | 238 | 469 | 68 | 644 | 438 | 1st Female 35-39 | 3 |
| 1096 | 1096 | Voos, Kitty | Female 45-49 | 233 | 347 | 268 | 96 | 184 | 405 | 78 | 238 | 423 | | | | 1st Female 45-49 | 3 |
| 728 | 728 | Nixon, Robyn | Female 45-49 | | | | 153 | 184 | 348 | 188 | 238 | 313 | 439 | 644 | 67 | 2nd Female 45-49 | 3 |
| 1346 | 1346 | Grew, Eileen | Female 50-54 | | | | 47 | 184 | 454 | 35 | 238 | 466 | 80 | 644 | 426 | 3rd Overall Female | 3 |
| 680 | 680 | quinlan, janine | Female 50-54 | 305 | 347 | 196 | 145 | 184 | 356 | | | | 378 | 644 | 128 | 1st Female 50-54 | 3 |
| 1201 | 1528 | Leary, Kate | Female 55-59 | 166 | 347 | 335 | 66 | 184 | 435 | 70 | 238 | 431 | 179 | 644 | 327 | 1st Female 55-59 | 4 |
| 913 | 1047 | casey, Mary | Female 60-64 | 295 | 347 | 206 | 143 | 184 | 358 | 152 | 238 | 349 | 372 | 644 | 134 | 1st Female 60-64 | 4 |
| 577 | 577 | Fenger, Suzanne | Female 60-64 | 290 | 347 | 211 | | | | 191 | 238 | 310 | 450 | 644 | 56 | 2nd Female 60-64 | 3 |
| 882 | 882 | Gustke, Nathaniel | Male 15-19 | 284 | 347 | 217 | | | | 103 | 238 | 398 | 239 | 644 | 267 | 1st Male 15-19 | 3 |
| 1425 | 1425 | Battaglia, Nicholas | Male 25-29 | 31 | 347 | 470 | 23 | 184 | 478 | | | | 29 | 644 | 477 | 1st Male 25-29 | 3 |
| 1054 | 1054 | McElhinny, Lee | Male 25-29 | 226 | 347 | 275 | 125 | 184 | 376 | 98 | 238 | 403 | | | | 2nd Male 25-29 | 3 |
| 1505 | 1505 | Pierce, Dan | Male 30-34 | 1 | 347 | 500 | 1 | 184 | 500 | | | | 1 | 644 | 505 | 1st Overall Male | 3 |
| 1427 | 1882 | Kirsch, Charles | Male 30-34 | 46 | 347 | 455 | 21 | 184 | 480 | 15 | 238 | 486 | 45 | 644 | 461 | 1st Male 30-34 | 4 |
| 1378 | 1378 | Dieteman, Francis | Male 30-34 | 74 | 347 | 427 | 25 | 184 | 476 | 26 | 238 | 475 | | | | 2nd Male 30-34 | 3 |
| 1497 | 1497 | Wooding, Andrew | Male 35-39 | 3 | 347 | 498 | 2 | 184 | 499 | 1 | 238 | 500 | | | | 2nd Overall Male | 3 |
| 1491 | 1981 | capuson, patrick | Male 40-44 | 11 | 347 | 490 | 8 | 184 | 493 | 3 | 238 | 498 | 6 | 644 | 500 | 3rd Overall Male | 4 |
| 1479 | 1479 | Dittman Jr, Paul | Male 40-44 | 17 | 347 | 484 | 9 | 184 | 492 | | | | 3 | 644 | 503 | 1st Male 40-44 | 3 |
| 1472 | 1472 | Murnock, Greg | Male 40-44 | 18 | 347 | 483 | | | | 7 | 238 | 494 | 11 | 644 | 495 | 2nd Male 40-44 | 3 |
| 1456 | 1456 | Metz, Jon | Male 40-44 | | | | 19 | 184 | 482 | 12 | 238 | 489 | 21 | 644 | 485 | 3rd Male 40-44 | 3 |
| 1477 | 1477 | French, steven | Male 45-49 | 15 | 347 | 486 | 7 | 184 | 494 | 4 | 238 | 497 | | | | 1st Male 45-49 | 3 |
| 1347 | 1347 | Gordon, Martin | Male 45-49 | 71 | 347 | 430 | | | | 25 | 238 | 476 | 65 | 644 | 441 | 2nd Male 45-49 | 3 |
| 1276 | 1276 | Stirling, Vincent | Male 50-54 | 143 | 347 | 358 | 51 | 184 | 450 | 33 | 238 | 468 | | | | 1st Male 50-54 | 3 |
| 1117 | 1400 | Williams, Ernest | Male 55-59 | 218 | 347 | 283 | 136 | 184 | 365 | 113 | 238 | 388 | 142 | 644 | 364 | 2nd Male 55-59 | 4 |
| 1035 | 1035 | Forell, Mark | Male 55-59 | 234 | 347 | 267 | 106 | 184 | 395 | 128 | 238 | 373 | | | | 1st Male 55-59 | 3 |
| 1477 | 1965 | Dutton, Tom | Male 60-64 | 12 | 347 | 489 | 13 | 184 | 488 | 6 | 238 | 495 | 13 | 644 | 493 | 1st Male 60-64 | 4 |
| 1075 | 1075 | Bailey, Wayne | Male 60-64 | | | | 82 | 184 | 419 | 94 | 238 | 407 | 257 | 644 | 249 | 2nd Male 60-64 | 3 |
| 744 | 744 | Fuller, Lynn | Male 60-64 | 269 | 347 | 232 | 139 | 184 | 362 | | | | 356 | 644 | 150 | 3rd Male 60-64 | 3 |
| 931 | 931 | Dittman Sr, Paul | Male 65-69 | 196 | 347 | 305 | 95 | 184 | 406 | | | | 286 | 644 | 220 | 1st Male 65-69 | 3 |