

Finger Lakes Triathlon Cue Sheet for Bike Course

FLT Intermediate Bike Course

Lakeshore/exit to parking lot right turn
Lakeshore/ 20 and 5 right turn
20 and 5/247 right turn
247 /County Rd 18 **left turn for intermediate**
County Rd 18/ Middle Rd **straight**
Depew Rd/ County Rd 18 veer right at Y
County RD 18/ 245 right turn
245/CR 1 (N Main Street) right turn
CR 1 (Main St)/ Middle Rd veer left at Y
364/ CR 1 right turn
CR 1/Lake to Lake straight (**watch for merge point of sprint athletes**)
364/Mavin Sands Drive
Mavin Sands Drive/Campus Dr left turn
Campus Dr/ Lakeshore Dr left turn
Lakeshore/ Steamboat Landing left turn

FLT Sprint Bike Course

Lakeshore/exit to parking lot right turn
Lakeshore/ 20 and 5 right turn
20 and 5/247 right turn
247 /County Rd 18 **straight for sprint**
247/Lake to Lake right turn for sprint
Lake to Lake/ CR 1 right turn for sprint (**watch for merge point of intermediate athletes**)
364/ CR 1 right turn
364/Mavin Sands Drive
Mavin Sands Drive/Campus Dr left turn
Campus Dr/ Lakeshore Dr left turn
Lakeshore/ Steamboat Landing left turn



<http://score-this.com>
info@score-this.com
716.662.9379